



National Academy of Medicine
Action Collaborative on
Clinician Well-Being and Resilience

2nd Annual Health Workforce Well-Being Day Celebratory Event
Monday, March 17, 2025
10:00 AM – 12:00 PM ET

NAS Building

2101 Constitution Avenue, NW, Washington, DC 20418

Meeting Objectives:

1. Celebrate markers of progress and hope in the movement for health workforce well-being.
2. Understand the real impact of national well-being efforts on a grassroots level and discuss how the needle has moved during the past year.
3. Highlight tactical implementation and ground-level action, showcasing the day-to-day work of well-being Accelerators on the front lines.

10:00 AM ET Welcome Remarks

Victor Dzau, MD, President, The National Academy of Medicine (*Collaborative Co-Chair*)*

10:10 AM ET Keynote

Vivek H. Murthy, MD, MBA, Former US Surgeon General, US Department of Health and Human Services*

Debra Weinstein, MD, President and CEO, Accreditation Council for Graduate Medical Education
(*Collaborative Co-Chair*)*

10:25 AM ET SESSION 1: Celebrating a Year of Progress

Moderator: Timothy P. Brigham, MDiv, MS, PhD, Chief of Staff and Chief Education Officer, Accreditation Council for Graduate Medical Education

PRIORITY AREA 3 – SUPPORT MENTAL HEALTH

J. Corey Feist, MD, MBA, Founder and CEO, Dr. Lorna Breen Heroes' Foundation

PRIORITY 5 – ENGAGE TECHNOLOGY TOOLS

Gregory Ator, MD, FACS, FAMIA, Chief Medical Information Officer Emeritus, University of Kansas Health System*

PRIORITY AREA 6 – INSTITUTIONALIZE WELL-BEING

Jennifer Bickel, MD, Inaugural Vice President and Chief Wellness Officer, The University of Texas MD Anderson Cancer Center

*Virtual presenter

PRIORITY AREA 7 – RECRUIT AND RETAIN HEALTH WORKFORCE

Carlton Abner, DNP, RN, NBC-HWC, Associate Provost for Campus Health and Wellness, Kansas City University

10:50 AM ET Panel Discussion

11:10 AM ET SESSION 2: Accelerator Lightning Round

Chantal Brazeau, MD, Chief Wellness Officer, Rutgers Biomedical and Health Sciences and Assistant Dean for Faculty Vitality, New Jersey Medical School

Laurie Hommema, MD, Senior Medical Director, Well-Being, OhioHealth

Amy Locke, MD, FAAFP, Chief Wellness Officer, University of Utah Health

Jerry P. Abraham, MD, MPH, CMQ, Immediate Past President, Los Angeles County Medical Association and Director and Chief Vaccinologist, CDU-KEDREN Mobile Street Medicine Health

11:30 AM ET SESSION 3: Looking Ahead

Moderator: Timothy P. Brigham, MDiv, MS, PhD, Chief of Staff and Chief Education Officer, Accreditation Council for Graduate Medical Education

Eric Wei, MD, MBA, Chief Executive Officer, NYC Health + Hospitals/Bellevue

Jennifer Mensik Kennedy, PhD, MBA, RN, NEA-BC, FAAN, 38th President, American Nurses Association*

Annelise M. Silva, MD, EdM, National President, American Medical Student Association

Pamela Cipriano, PhD, RN, NEA-BC, FAAN, President, International Council of Nurses (*Collaborative Co-Chair*)

12:15 PM Adjourn

12:15 PM ET 75-minute Lunch Break in West Court

*Virtual presenter



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NAM Change Maker Summit
Monday, March 17, 2025
1:30 PM – 5:30 PM ET

NAS Building

2101 Constitution Avenue, NW, Washington, DC 20418

Meeting Objectives:

1. Discuss how to reinforce the case for health workforce well-being and present it as a necessary and long-term strategic investment in health care.
2. Explore the suite of tools available to measure outcomes and demonstrate progress toward health workforce well-being.
3. Engage Change Makers in co-developing solutions to center well-being in leadership and communication, implement AI for efficiency and well-being, and co-create community hubs of well-being.

1:30 PM ET Welcome

T. Anh Tran, Program Director, NAM Clinician Well-Being Collaborative

1:35 PM ET PLENARY PART 1: Reinforcing the Case for Well-Being

Moderator: Pamela Cipriano, PhD, RN, NEA-BC, FAAN, President, International Council of Nurses
(*Collaborative Co-Chair*)

Barry B. Rubin, BSc, PhD, MD, FACS, FRCSC, Medical Director, Peter Munk Cardiac Centre, Toronto General Hospital

Eladio Pereira, MD, MBA, MACP, Chief Medical Officer and **J. Philip Williams, MD**, Associate Medical Director, Mariposa Community Health Center in Nogales, AZ

Jonathan Ripp, MD, MPH, Senior Associate Dean for Well-Being and Chief Wellness Officer, Icahn School of Medicine at Mount Sinai

2:15 PM ET Q&A

2:45 PM ET PLENARY PART 2: Exploring Tools to Measure Progress

Moderator: Bernadette Mazurek Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN, Former Vice President for Health Promotion and Chief Wellness Officer, The Ohio State University; CEO and Founder, COPE2Thrive

**Virtual presenter*

Kayla Waldron, PharmD, MS, BCPS, FASHP, Director, Medication Use and Quality Improvement, American Society for Health System Pharmacists (ASHP)

K. Elliott Higgins III, MD, Health Sciences Assistant Clinical Professor and Director of Health and Well-Being, Department of Anesthesiology and Perioperative Medicine, David Geffen School of Medicine at UCLA

Stacey Clough, MHS, System Manager, Well-Being and Time Away, CommonSpirit Health*

3:10 PM ET Q&A

3:45 PM PT Introduction to Breakout Sessions

T. Anh Tran, Program Director, NAM Clinician Well-Being Collaborative

3:50 PM ET 15-min Coffee Break and Transition to Breakout Rooms

4:05 PM ET BREAKOUT SESSION: Well-Being Case Challenges

Each group will discuss the infrastructure needed for sustainability, key factors and barriers specific to their case challenge, and concrete action steps to take now.

Group 1: Leaving a Legacy of Wellness-Centered Leadership and Communication

Group 2: Exploring AI for Efficiency and Well-Being

Group 3: Co-Creating Community Hubs for Well-Being

5:00 PM ET 10-min Transition from Breakouts

5:10 PM PT Breakout Reports and Synthesis

Breakout Reports: What can key actor groups do right now?

Thomas P. Campbell, MD, Chief Wellness Officer and Emergency Medicine Physician, Allegheny Health

Cheryl Peterson, MSN, RN, FADLN, Senior Vice President of Nursing Programs, American Nurses Association

Megan Furnari, MD, MS, Associate Chief Wellness Officer and Associate Professor of Pediatrics, Oregon Health and Science University

5:30 PM ET Adjourn for Networking Reception in West Court

*Virtual presenter