Victor J. Dzau, MD (Clinician Well-Being Collaborative Co-Chair), is the President of the National Academy of Medicine (NAM), formerly the Institute of Medicine (IOM). In addition, he serves as Vice Chair of the National Research Council. Dr. Dzau is Chancellor Emeritus and James B. Duke Professor of Medicine at Duke University and the past President and Chief Executive Officer of the Duke University Health System. Previously, Dr. Dzau was the Hershey Professor of Theory and Practice of Medicine and Chairman of Medicine at Harvard Medical School’s Brigham and Women’s Hospital, as well as Chairman of the Department of Medicine at Stanford University. He is an internationally acclaimed leader and scientist whose work has improved health care in the United States and globally. His seminal work in cardiovascular medicine and genetics laid the foundation for the development of the class of lifesaving drugs known as ACE inhibitors, used globally to treat hypertension and heart failure. Dr. Dzau pioneered gene therapy for vascular disease and was the first to introduce DNA decoy molecules to block transcriptions in humans in vivo. His pioneering research in cardiac regeneration led to the Paracrine Hypothesis of stem cell action and his recent strategy of direct cardiac reprogramming using microRNA. He maintains an active NIH-funded research laboratory.

Vice Admiral Vivek H. Murthy, MD, MBA (Clinician Well-Being Collaborative Co-Chair), was confirmed by the U.S. Senate in March 2021 to serve as the 21st Surgeon General of the United States. As the nation’s top doctor, Dr. Vivek Murthy helps to advance the health and well-being of all Americans and has worked to address critical public health issues. He has issued Surgeon General Advisories on the youth mental health crisis and social media’s impact on youth mental health, the epidemic of loneliness and isolation, and on burnout in the health worker community. Dr. Murthy also issued a Surgeon General’s Framework on mental health in the workplace and he is the first Surgeon General to host a podcast, House Calls with Dr. Vivek Murthy, where he invites guests and listeners to explore how we can all build more connected and meaningful lives. As Vice Admiral of the U.S. Public Health Service Commissioned Corps, Dr. Murthy oversees more than 6,000 dedicated public health officers serving underserved and vulnerable populations. Dr. Murthy previously served as the 19th Surgeon General under President Obama. Raised in Miami, Dr. Murthy received his bachelor’s degree from Harvard, his medical degree from the Yale School of Medicine, and his Masters in Business Administration from the Yale School of Management.
Michael Foti, DO, is an Internal Medicine physician who trained at Greenwich Hospital - Yale New Haven Health. Since graduating, Dr. Foti has had experience in both Academic Medicine and General Internal Medicine. Dr. Foti’s primary interest is Academic Medicine, and is currently a Clinical Assistant Professor of Internal Medicine at Touro College of Osteopathic Medicine. Primary responsibilities of this role include participation in the planning, execution, and delivery of the Department of Primary Care Courses and activities. He is also the Coordinator of the Standardized Patient Program at Touro COM. Primary responsibilities of this role include primary oversight of the Standardized Patient (SP) program, particularly in the coordination, recruitment, management, training, and assessment of the standardized patient actors. Dr. Foti serves as a faculty member for the OMM Department, leading the OMM lab. Dr. Foti previously worked as an Assistant Professor in the Department of Clinical Specialties at NYIT COM. Responsibilities included Internal Medicine lectures, case based learning course, clinical skills course, and attending all meetings/conferences. I was also the Associate Course Director for the Foundations of Osteopathic Medicine curriculum at NYIT COM. This role’s responsibilities included course planning, curriculum design, examination content review, and attending all curricular staff meetings. I am also a member of the National Faculty of the NBOME in the Clinical Department of Internal Medicine, Geriatric Medicine and Dermatology. As a result of his passion for spreading awareness on mental health, Dr. Foti has become the faculty advisor for the local chapter of the National Alliance on Mental Illness (NAMI) On Campus Student Organization. Finally, Dr. Foti is also a member of the Board of Directors for NAMI Orange County NY.

Tessa Tudor is a Master’s in Nursing Candidate at Johns Hopkins University. Ms. Tudor is from Seattle, Washington where she attended the University of Washington’s Michael G. Foster School of Business, her studies there focused on Entrepreneurship and International Business. Upon completing her undergraduate studies, Ms. Tudor embarked on a career at Amazon, where she discovered her fervor for advancing Diversity, Equity, and Inclusion initiatives. Her dedication propelled her to become the youngest People Manager on Amazon’s groundbreaking Minority Business Accelerator team. Ms. Tudor’s passion for healthcare and health equity led her to make the decision to change her career trajectory, bringing her to Johns Hopkins School of Nursing. As a student at JHSON, Ms. Tudor is a member of the Helene Fuld Leadership Program for the Advancement of Patient Safety and Quality, demonstrating her dedication to enhancing healthcare delivery standards. Ms. Tudor has assumed several leadership roles including the incoming President of the Adventure Medicine Team and serving as the cohort representative for the Critical Care Interest Group. In effort to further understand the global health equity crisis. Ms. Tessa is pursuing certificates in Tropical Medicine and Maternal and Fetal Health from the Johns Hopkins Bloomberg School of Public Health. Looking ahead, Ms. Tudor aspires to continue her education at the doctoral level, envisioning herself as a future leader in the field of nursing.

Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN (Clinician Well-Being Collaborative Co-Chair), is 29th President, International Council of Nurses and Past Dean, University of Virginia School of Nursing. She served as dean of the UVA School of Nursing and the Sadie Heath Cabaniss Professor of Nursing through July 2022. Prior to becoming dean, she served two terms as the president of the American Nurses Association, from 2014 until 2018, and represented the interests of the nation’s four million registered nurses. She also has extensive experience as an academic medical center executive and served for nine years as the chief clinical officer/chief nursing officer at UVA Health where she was responsible for all inpatient and outpatient clinical services. In 2021, Dr.
Cipriano was elected President of the International Council of Nurses after serving four years as its 1st Vice President. Her advocacy for the nursing profession is well-recognized. She is known nationally and internationally as a strong advocate for quality, growing nursing’s influence on healthcare policy, and leading efforts to advance the role and visibility of nurses. She served as a public-sector adviser in the U.S. Delegation to the 69th World Health Assembly in 2016. Cipriano’s more than 40-year career in nursing is also marked by a focus on improving the safety and efficiency of care by ensuring a healthy, safe, and supportive work environment and encouraging healthy behaviors to promote well-being. She has been a leader in the National Academy of Medicine’s Action Collaborative on Clinician Well-Being and Resilience and was instrumental in advancing strategies to reduce regulatory burden and revamp electronic documentation to relieve clinicians of unnecessary work. Her recent work with the Collaborative focuses on mitigating the effects of the COVID-19 pandemic on the mental health of all clinicians by addressing the psychological safety and support for caregivers as well as reducing the stigma of seeking mental health care as primary prevention for burnout syndrome and depression. She also serves as an advisor to TIME’S UP Healthcare, which aims to eliminate sexual harassment and gender inequality in healthcare.

Timothy Brigham, MDiv, MS, PhD, is the Chief of Staff and Chief Education Officer at the Accreditation Council for Graduate Medical Education (ACGME). Dr. Brigham’s responsibilities as head of the Department of Education include the ACGME Annual Educational Conference and the development of new educational programs for the ACGME and the graduate medical education community. Prior to joining the ACGME in 2008, Dr. Brigham served since 1989 in several capacities at Jefferson Medical College, including as Associate Dean for Graduate Medical Education and Continuing Medical Education and, most recently, as Senior Associate Dean for Organizational Development and Chief of Staff and Associate Professor of Medicine. Dr. Brigham has been involved in physician faculty development, resident education, and chief resident and program director development. He is widely sought after as a teacher, speaker, group facilitator, and consultant in a variety of areas, including resident stress and well-being; chief resident, program director, and chairperson leadership development; medical student, resident, and faculty teaching development; and group and team organizational development. Dr. Brigham holds a PhD in psychological studies in education from Temple University, a Master’s degree in counseling and human relations from Villanova University, and a Master’s of Divinity from Palmer Theological Seminary.

Anna Legreid Dopp, PharmD, is Senior Director, Government Relations at the American Society of Health-System Pharmacists (ASHP). In this role she works on state and national policy efforts and collaborates with the National Academy of Medicine, National Quality Forum, The Joint Commission, and the Pharmacy Quality Alliance on quality improvement initiatives. In 2008, she served as a Congressional Health Care Policy Fellow, where she worked on health and social policy in the office of Senator Joe Lieberman. Subsequent to the fellowship, she served in roles at the University of Wisconsin Hospital and Clinics as a medication use policy analyst and at the Pharmacy Society of Wisconsin as the Vice President of Public Affairs and editor of the Journal of the Pharmacy Society of Wisconsin. Dr. Legreid Dopp completed a Doctor of Pharmacy degree from the University of Minnesota College of Pharmacy in Minneapolis. She is a certified professional in healthcare quality.
John Howard, MD, is the Director of the National Institute for Occupational Safety and Health, and the Administrator of the World Trade Center Health Program in the U.S. Department of Health and Human Services. Dr. Howard was first appointed NIOSH Director in 2002 during the George W. Bush Administration and served in that position until 2008. In 2009, Dr. Howard worked as a consultant with the US-Afghanistan Health Initiative. In September of 2009, Dr. Howard was again appointed NIOSH Director. He was reappointed for a third six-year term in 2015, and a fourth term in 2021. Prior to his appointments as NIOSH Director and WTC Health Program Administrator, Dr. Howard served as Chief of the Division of Occupational Safety and Health in the State of California’s Labor and Workforce Development Agency from 1991 through 2002. Dr. Howard earned a Doctor of Medicine from Loyola University of Chicago; a Master of Public Health from the Harvard University School of Public Health; a Doctor of Law from the University of California at Los Angeles; and a Master of Law in Administrative Law and Economic Regulation, and a Master of Business Administration in Healthcare Management, both degrees from The George Washington University in Washington, D.C. Dr. Howard is board-certified in internal medicine and occupational medicine. He is admitted to the practice of medicine and law in the State of California and in the District of Columbia, and he is a member U.S. Supreme Court bar. He has written numerous articles on occupational health, policy and law.

Donald M. Berwick, MD, MPP, FRCP, KBE, is President Emeritus and Senior Fellow at the Institute for Healthcare Improvement (IHI), an organization he co-founded and led as President and CEO for 19 years. He is one of the nation’s leading authorities on healthcare quality and improvement. In July 2010, President Obama appointed Dr. Berwick to the position of Administrator of the Centers for Medicare and Medicaid Services (CMS), which he held until December 2011. A pediatrician by background, Dr. Berwick has served as Clinical Professor of Pediatrics and Health Care Policy at the Harvard Medical School, Professor of Health Policy and Management at the Harvard School of Public Health, and as a member of the staffs of Boston’s Children’s Hospital Medical Center, Massachusetts General Hospital, and the Brigham and Women’s Hospital. He has also served as vice chair of the U.S. Preventive Services Task Force, the first “Independent Member” of the Board of Trustees of the American Hospital Association, and chair of the National Advisory Council of the Agency for Healthcare Research and Quality. He is an elected member of the American Philosophical Society, the American Academy of Arts and Sciences, and the National Academy of Medicine (formerly the Institute of Medicine). Dr. Berwick served two terms on the IOM’s governing Council and was a member of the IOM’s Global Health Board. He served on President Clinton’s Advisory Commission on Consumer Protection and Quality in the Healthcare Industry. His numerous awards include the 2007 William B. Graham Prize for Health Services Research, the 2006 John M. Eisenberg Patient Safety and Quality Award, and the 2007 Heinz Award for Public Policy. In 2005, he was appointed Honourary Knight Commander of the British Empire by Her Majesty Queen Elizabeth II, the highest honor in the UK for non-UK citizens. He is the author or co-author of over 200 scientific articles and six books. He also serves now as Lecturer in the Department of Health Care Policy at Harvard Medical School.

Darrell G. Kirch, MD (Clinician Well-Being Collaborative Co-Chair), is president emeritus of the Association of American Medical Colleges (AAMC), which represents the nation’s medical schools, their teaching hospitals and health systems, and related academic societies. He served as President and CEO of the AAMC from 2006 until 2019, when he was succeeded by Dr. David J. Skorton. A distinguished educator, biomedical scientist, and clinician, Dr. Kirch speaks and publishes widely on the need for transformation in the nation’s health care system and how academic
institutions can lead change across education, research, and health care for their communities and beyond. As a respected university leader, Dr. Kirch has chaired the Washington Higher Education Secretariat and served as a member of the American Council on Education Board of Directors. In 2007, he was elected to the National Academy of Medicine, and has been active in multiple initiatives of the National Academies. As an ardent champion for the well-being of the nation’s health professions workforce, he currently serves as co-chair of the National Academy of Medicine Action Collaborative on Clinician Well-Being and Resilience. Dr. Kirch also serves as a member the Board of Regents of the American College of Psychiatrists. A psychiatrist and clinical neuroscientist by training, Dr. Kirch began his academic career at the National Institute of Mental Health, becoming chief of the Schizophrenia Research Branch, serving as the acting scientific director in 1993, and receiving the Outstanding Service Medal of the United States Public Health Service. A native of Denver, he earned his BA and MD degrees from the University of Colorado, and in 2002 received the Silver and Gold Award from the University of Colorado Medical Alumni Association.