The National Council for Mental Wellbeing
Commitment Statement on Clinician Wellbeing and Resilience

The National Council for Mental Wellbeing is a membership organization that drives policy and social change on behalf of over 3,100 mental health and substance use treatment organizations and the more than 10 million children, adults and families they serve. We advocate for policies to ensure equitable access to high-quality services. We build the capacity of mental health and substance use treatment organizations and we promote greater understanding of mental wellbeing as a core component of comprehensive health and health care.

We recognize that the workforce crisis is impacting access to mental health and substance use care for millions of individuals and families in every community across America. A recent survey of National Council member organizations revealed that nearly all members are experiencing difficulty meeting the demand for treatment because of recruitment and retention issues, administrative barriers and low compensation rates. The combination of heightened demand for mental health and substance use care and an unprecedented retreat of the safety-net workforce is resulting in a failure to deliver care to individuals in need.

We are committed to advancing public policy to address the workforce crisis, enhancing the workforce, addressing burnout through leadership development opportunities and technical assistance support, and advancing strategies informed by principles of diversity, equity, inclusion and belonging (DEIB) to support and enhance culturally responsive care. We are addressing short-term and long-term approaches for improving the behavioral health workforce, focusing on six core areas of work: regulatory, policy, payment, clinical model innovation, workforce expansion, and quality and accountability. In a recent series of three policy briefs we offer states and organizations immediate policy actions and solutions to address the workforce crisis facing our field. Additionally, we provide resources and support to enhance the workforce.

The National Council is committed to improving the wellbeing of clinicians, and we support the Clinician Wellbeing Collaborative’s goals and objectives. We will:

- Actively participate in the work of the Collaborative.
- Promote announcements about activities of the Collaborative.
- Support the Collaborative’s social media and public engagement campaigns.
- Provide annual updates about the National Council’s workforce development activities.
- Send the NAM announcements related to meetings around clinician wellbeing to be considered for promotion to NAM networks.

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