TIME TO ACTION:
Advancing Health and Well-Being of Asian American, Native Hawaiian, and Pacific Islander (AANHPI) Communities through Leadership Development and a Shared Health Equity Research Agenda

Webinar Seminar
- Championing Leadership in Academic Health Science Systems: Building Culture and Success w/ NAM President Dr. Victor Dzau

Leadership Panel: AANHPI Leadership Development: Strategy and Success

Research Panel: Creating A Shared Health Equity Research Agenda in AANHPI Health

May 25th, 2023
1:30-4:30 PM EDT
Join the conversation with slido

Scan the QR code to submit your questions for the speakers.
Championing Leadership in Academic Health Science Systems: Building Culture and Success
Championing Leadership in Academic Health Science Systems: Building Culture and Success

Victor J. Dzau, MD
President, National Academy of Medicine

Jing Wang, PHD, MPH, RN
President, AAPNA
Dean, Florida State University College of Nursing

Marshall Chin, MD, MPH
Professor of Healthcare Ethics, Department of Medicine, University of Chicago

Winston Wong, MD
Chair and Acting CEO of the NCAPIP

Ignatius Bau, JD
Policy Consultant, NCAPIP
NCAPIP
National Council of Asian Pacific Islander Physicians
National organization of Asian American, Native Hawaiian and Pacific Islander physicians that advocate for health and well-being of their patients and communities

- Access to quality bilingual and cultural competent care and wellness support
- Identification of health disparities in AANHPI communities for improved screening, treatment and research
- Supporting and developing the voice of AANHPI physicians in forging healthcare that is equitable and just for all
Questions for the speakers?
Submit your questions using this QR code.
Leadership Panel: AANHPI Health Leadership Development: Strategy and Success
Asian American Native Hawaiian, and Pacific Islander—National Academy of Medicine Leadership Development Program

Kumar Sharma, M.D.
Vice Chair of Research, Director of Center of Precision Medicine
Hillis Distinguished Chair in Medicine
UT Health San Antonio
May 25, 2023
Being an Asian American Leader in Academic Health Care

• Leveraged trusted mentors and colleagues who have trod path of both success and failure to learn from their challenges
• Find novel and creative paths to leadership
• Be very inclusive
Things to avoid

• Avoid being passive
• Avoid talking too much about your own agenda, teamwork is important in healthcare
• Avoid thinking you need to have all the answers
LEADERSHIP PANEL

Huanhico Mo, PhD
Dean, Lewis College of Nursing and Health Professions at Georgia State University

Kumar Sharma, M.D.
Chief of the Division of Nephrology and Vice Chair for Research in the Department of Medicine, University of Texas Health Science Center at San Antonio

Phyllis Wise, PhD
CEO and President Colorado Longitudinal Study
Former Professor and Chancellor
University of Illinois Urbana-Champaign
Former Provost & Executive Vice President
University of Washington

Usha Menon, PhD, RN, FAAN
Dean and Distinguished University Health Professor at the University of South Florida College of Nursing

Sharon Inouye, M.D., MPH
Professor of Medicine at Harvard Medical School
Milton
Shirley F. Levy Family Chair and Director of the Aging Brain Center at the Hinda and Arthur Marcus Institute for Aging Research

Lin Zhan, PhD, RN, FAAN
Dean and Professor
University of California Los Angeles, School of Nursing
Questions for the Leadership Panel?

Submit your questions using this QR code.
Research Panel: Creating A Shared Health Equity Research Agenda in AANHPI Health
Improving Health Equity among the Asian American Population

Bei Wu, PhD, FGSA, FAAN (Hon)

May 2023
Methodological Fallacies and Challenges on Asian American Studies

- Potential exclusion of those Asian older adults with **limited English capacity and those who are undocumented**.

- A lack of
  - **National representation** of Asian Americans in large data sets
  - **Disaggregated data for Asian subpopulations**. Among data that include Asian Americans, only a few subpopulation groups were included (Chinese, Indians, and Filipinos), which limited the ability to describe and/or intervene on specific health concerns for Asian subgroups
  - **Longitudinal data** to study this population’s health trajectory and the multilevel factors that affect their health status over the life course

- Measurement issues: **culturally appropriate instruments** to measure psychosocial factors and mental health–related outcomes.

Lack of research and funding towards Asian American health

- Asians made up 6% of the US population.

Yet,

- **0.2% of federal health grants** goes toward Asian Americans, Native Hawaiians & Pacific (AANHPIs) (1966-2000)
- **0.17% of NIH grants** on AANHPIs (2000-2018)
  - # of amount of grants have increases since 2000, yet the proportion is still the same
- A Medline/PubMed search of articles from 1966 to 2000 reported: **0.01% of articles** include any AANHPIs in the study sample (1966-2000)
- **Not invited** to participate in the health disparities conversations

The Asian Resource Center for Minority Aging Research

– NIA P30 P30AG059304
Asian RCMAR (P30AG059304)

- To advance careers of early-stage investigators from underrepresented backgrounds through mentored translational trauma and resilience research involving Asian American older adults.

- Through pilot awards, didactic sessions, analytical support, and career mentoring, the Asian RCMAR centers behavioral & social sciences research training of RCMAR Scientists to inform practice and policy related to Asian American health at community, regional and national levels.

Congressman Andy Kim (NJ-03) as keynote speaker for Asian RCMAR 2022 retreat.
The 2018-2023 Goals of Asian RCMAR:

• Understand the cross-ethnic variations in the social, cultural, and behavioral mechanisms of **trauma, stress, and resilience** across U.S. Asian populations;

• Explore the **differential health outcomes** associated with trauma, immigration, and mechanisms of resilience in U.S. Asian populations;

• **Support early-career researchers through funding, education, and training, and build community capacity** to address health disparities and improve health outcomes.

• **Build institutional and community capacity** that tests and adapts and implements evidence based behavioral change strategies to prevent and treat trauma, promote resilience, and mitigate the effect of stressful events in Asian aging populations.
Leadership & Administrative Core

Oversees all center activities, ensures effective implementation and fiscal administration and creates and sustains mechanisms to enhance integration, coordination and communication across cores.

Bei Wu, PhD
New York University, Rory Meyers College of Nursing

William Hu, MD, PhD
Institute for Health, Health Care Policy, and Aging Research, Robert Wood Johnson Medical School

Steve Crystal, PhD
Institute for Health, Health Care Policy, and Aging Research
Rutgers University, School of Social Work

Cui Yang, PhD
Rutgers University, School of Public Health
Research & Education Component

• Allows our **32 RCMAR Scholars** the time to not only learn interconnected content that is relevant to their own pilot but also to the broader field through monthly didactic sessions;
• Attempts to increase the professional, peer, and community partner networks to which Scholars are connected.
Thank You!

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RUTGERS-NYU P50 CENTER FOR ASIAN HEALTH PROMOTION & EQUITY (CAHPE)

Soko Setoguchi, MD, DrPH

Professor of Medicine and Epidemiology
Rutgers Biomedical Health Sciences
LOCAL CONTEXT SHAPING THE WORK OF CAPHE

- Growth of Asian Populations in New Jersey and New York City.
- Asian Cardiometabolic Disease and Mental Health Distress among US Asians
Mission: Provide leadership, organizational communication, and evaluation systems designed to achieve the overarching goals of supporting high quality and enduring interdisciplinary research on cardiometabolic and mental health outcomes among Asian adults.

Aim 1: Guide solicitation and selection of 6 pilot studies per year to conduct interdisciplinary and translational cardiometabolic and mental health research.

Aim 2: Implement two interdisciplinary, translational, and synergistic R01-like projects.

Aim 3: Enhance, track, and evaluate existing infrastructure to support and synchronize the pilot and center projects.

Aim 4: Disseminate these findings to the local, regional, and national stakeholders and communities.
THREE CORES

• **Administrative Core**: Exercises overall administrative and scientific leadership to establish the direction for our Rutgers-NYU Center for Asian Health Promotion and Equity.

• **Investigator Development Core**: To support and increase the expertise of interdisciplinary scientists, including those from underrepresented backgrounds, to prepare them to conduct innovative and impactful research on cardiometabolic and mental health outcomes among Asian Americans.

• **Community Engagement Core**: Goals include (a) organize and nurture academic-community partnerships; (b) facilitate the recruitment and retention of diverse Asian adults into intervention research; (c) and build a reciprocal and sustainable community-partnered infrastructure.
• **HomeStyles** (Dr. Byrd-Bredbenner, PI)- a USDA-supported, family-oriented and evidence-based nutrition intervention, with a focus on gut health.

• **NYUCI-ES** (NYU Caregiver Intervention plus enhanced support) (Drs. Wu and Mittelman, PIs) aims to reduce health risks for cardiometabolic disease among older Chinese and Korean American adults caring for relatives with ADRD through peer support via online chat groups.
ADDRESSING COMMUNITY ENGAGEMENT

CORE AIMS

COMMUNITY PRESENCE AND VISIBILITY

• Collaborated with several other organizations including Asian Americans for Equality, NAMI-NJ, and Japanese American Citizens League.

• Events both in person and virtually (see table).

<table>
<thead>
<tr>
<th>Event</th>
<th>Type</th>
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<tbody>
<tr>
<td>AAPI Health Fair (RWJH)</td>
<td>Tabling, Nutrition</td>
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<tr>
<td>Livingston Chinese Association + Center for Asian Health</td>
<td>Tabling</td>
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<tr>
<td>Durga Temple</td>
<td>Health Fair</td>
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<tr>
<td>Asian Food Markets</td>
<td>Blood Pressure, Tabling</td>
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<tr>
<td>Short Hills Chinese Association - Center for Asian Health</td>
<td>Tabling</td>
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<tr>
<td>Korean Community Center</td>
<td>Health Fair</td>
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AAPI HERITAGE MONTH CELEBRATION VIRTUAL PANEL

Topic: AAPI health research on CLIMATE CHANGE, HEALTH and HEALTHCARE and Impacts in Asian Communities

SOKO SETOGUCHI, MD, DRPH, FISPE
Professor of Medicine & Epidemiology, RWJMS & Rutgers School of Public Health
Core Faculty Member, Center for Pharmacoepidemiology and Treatment Science at Rutgers Institute for Health

KEITH CHAN, PHD, LMSW
Associate Professor, Silberman School of Social Work at Hunter College, City University of New York (CUNY)

Hosted by Rutgers-NYU Center for Asian Health Promotion and Equity

TUESDAY, MAY 30TH 1:00PM
ADDRESSING COMMUNITY ENGAGEMENT
CORE AIMS
Community Advisory Committee

• CAB members currently meet with CAHPE Co-Investigators and staff every month. Since 2022, the CAB has held seven meetings.

• We identified three members to serve as representatives of the P50 CAB to the national coordinator center meetings.

• The CAB also discussed generating policy briefs focused on data disaggregation, addressing anti-Asian racism, mental health, and long-term care in nursing homes.
• This Clearinghouse has two primary aims:
  • Provide regular updates on Asian health research across the country, with a focus on cardiometabolic and mental health research; and
  • Collate “special topics” with the assistance of the CAHPE CAB for dissemination to lay audiences.
Moving towards APINH Health Equity

- Science (Data and evidence)
- Culture and Socialization
- Structural and Political Reform
<table>
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<tr>
<th>Science: Data disaggregation, population based studies, intersectionality, race, ethnicity, language, immigration status</th>
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<tbody>
<tr>
<td>Socialization and Cultural: Dismantling of model minority myth, allyship, confronting White supremacy and internalized colonization and perpetual foreigner myth, defying invisibility</td>
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<tr>
<td>Political/structural: Elevation of AAPINH voices and leaders; political accountability; inclusion of marginalized voices</td>
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Uncovering Inequities, Leveraging Cultural Assets, & Empowering Communities to Advance Native Hawaiian and Pacific Islander Health

Keawe‘aimoku Kaholokula, PhD
Professor and Chair
Department of Native Hawaiian Health
John A. Burns School of Medicine
University of Hawai‘i at Manoa
kaholoku@hawaii.edu
Data Disaggregation

Unresolved challenge
• NHPI data continue to be aggregated with AA data in research and public health reports.

Recent advances
• The COVID-19 crisis provided the podium from which NHPI could amplify their voices.
  • Advocacy for disaggregated COVID-19 data.
• Data disaggregation is a national priority:
  • WHIAANHPI
  • OMB proposed changes
  • NIH AA NHPI Epi Cohort Study
Data Disaggregation: Between Group Differences

- Research shows large differences in risk for health problems between AA and NHPI populations when their data are disaggregated.

“Separating NHPI and Asian individuals revealed large differences in cancer mortality between 2 groups that were previously combined in vital statistics data.”
Data Disaggregation: Within Group Differences

- Research shows large differences in risk for health problems within AA and NHPI populations when their data are further disaggregated.

Significant evaluated risk in CVD, CHD, Stoke, and PVD among Filipino, Native Hawaiian, and Pacific Islander groups.

Culturally Responsive Solutions

- Culturally grounded vs. culturally adapted approaches.
- Benefits:
  - Clinical improvements
  - Positive sociocultural outcomes
  - Improved reach and sustainability

‘Aʻohe pau ka ʻike i ka hālau hoʻokahi
Not all knowledge is acquired by a single school
NHPI Engaged Research Approach
Promising NIH-supported Initiatives

National Institutes of Health Community Engagement Alliance
https://covid19community.nih.gov/

Intervention Research to Improve Native American Health (IRINAH)
https://cancercontrol.cancer.gov/native-american-intervention

New Epidemiological Cohort Study among Asian Americans, Native Hawaiians, and Pacific Islanders (AsA-NHPI): Clinical/Community Field Centers (UG3/UH3 - Clinical Trial Not Allowed)
Questions for the Research Panel?
Submit your questions using this QR code.
Thank you for participating!

A recording of this meeting and additional materials will be made available at nam.edu

Please also stay tuned for a survey to gather additional resources related to this work