



**GLOBAL ROADMAP FOR
HEALTHY LONGEVITY SUMMIT:**

**ENABLING A
VIRTUOUS CYCLE
FOR HEALTHY
LONGEVITY IN
THE U.S.**

*A meeting co-organized by the National
Academy of Medicine and AARP*

November 14, 2022
National Academy of Sciences Building



The National Academy of Medicine's Global Roadmap for Healthy Longevity Report Summit:

Enabling a Virtuous Cycle for Healthy Longevity in the U.S.

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November 14, 2022

Fred Kavli Auditorium, National Academy of Sciences

AGENDA

Global aging provides an unprecedented opportunity and challenge. Population aging has been viewed as burdensome to society and families, costly to governments, and a driver of economic decline. But population aging as a burden is not inevitable. Emerging bodies of research highlight the strengths of older people and their many contributions to families and societies through paid work, caregiving, and volunteering. These contributions could expand exponentially if barriers to full participation in society are removed.

The National Academy of Medicine's [Global Roadmap for Healthy Longevity](#) report provides guidance to societies on how to create more years of good health through strengthening their social infrastructure, physical environment, health systems, and opportunities for education, work, and retirement. Good health, in turn, increases social, human, and economic capital.

The NAM is holding a one-day symposium in Washington, DC to discuss how societies can take the recommendations from the report and reap the benefits of global aging by creating healthy longevity, defined in the report as “the state in which years in good health approach the biological life span, with physical, cognitive, and social functioning, enabling well-being across populations.” The meeting will explore enablers of healthy longevity from multiple perspectives. Speakers and panelists will include nationally known experts from news and media, policy, research, and business who will discuss possibilities of overcoming barriers to healthy longevity.



Agenda

8:00 am ET | Registration & Breakfast

8:45 am ET | Introduction

- **Welcome: Victor Dzau**, President, National Academy of Medicine
- **Opening Remarks: U.S. Congressman Bill Foster (IL-11)**
- **Report Launch:**
 - **Linda P. Fried**, Dean, Columbia University's Mailman School of Public Health; Director, Butler Columbia Aging Center
 - **John Eu-Li Wong**, Isabel Chan Professor, National University of Singapore; Senior Vice President, Health Innovation and Transformation

9:45 am ET | Session I: Social Infrastructure

Speakers will offer remarks on prosocial strengths of older people, ageism and age discrimination, social inclusion, financial security in retirement, and digital literacy.

Opening Remarks & Moderator: Jeanette Vega Morales, Former Minister, Social Development and Family, Chile

- **Erwin Tan**, Director, AARP Thought Leadership – Health
- **Edwin L. Walker**, Deputy Assistant Secretary, Administration on Aging/Administration for Community Living
- **Abby Levy**, Managing Partner, Primetime Partners

10:50 am ET | Session II: A Longevity Dividend

Speakers will focus on the longevity dividend in this session. Specifically, work and retirement, volunteering, lifelong education and retraining, life-course perspective on healthy longevity.

Opening Remarks: Rick Guzzo, Co-Lead, Mercer's Workforce Sciences Institute

Moderator: Linda P. Fried, Dean, Columbia University's Mailman School of Public Health; Director, Butler Columbia Aging Center

- **Donna Butts**, Executive Director, Generations United
- **Mehmood Khan**, CEO, Hevolution Foundation; Former CSO, Pepsi Co
- **Velma McBride Murry**, Former SRA President, Vanderbilt University
- **Fernando Torres-Gil (virtual)**, Director, UCLA Center for Policy Research on Aging



12:50 pm ET | Session III: The Business Case for Healthy Longevity – Fireside Chat

- **Lisa Berkman**, Cabot Professor of Public Policy and Epidemiology at the Harvard T.H. Chan School of Public Health
- **Debra Whitman**, Chief Public Policy Officer, AARP
- **Mehmood Khan**, CEO Hevolution Foundation; Former CSO, Pepsi Co

1:35 pm ET | Session IV: Physical Environment

Speakers will address the relationship between the physical environment and healthy longevity as it relates to the following topics: housing, public spaces and infrastructure, transportation, digital technologies and tele-health, and climate change and environmental hazards.

Opening Remarks: Henry Cisneros (virtual), Former U.S. Secretary of Housing and Urban Development

Moderator: Michele Grimm, Dean of Engineering and Applied Sciences, University at Albany

- **Chad Brough (virtual)**, Former VP of Healthcare Transformation, HomeInstead
- **Mariana Arcaya (virtual)**, Associate Professor, Department of Urban Studies and Planning, Massachusetts Institute of Technology
- **Lewis Levy**, Chief Medical Officer, Public Policy and Strategic Partnerships, Teladoc Health, Inc.

2:40 pm ET | Session V: Health Systems

Speakers will discuss chronic conditions, public health, health care delivery, long-term care, health care workforce, and geroscience, technology, and big data innovation.

Opening Remarks: Dick Migliori (virtual), Executive Vice President, Senior Advisor, Ret. Chief Medical Officer for UnitedHealth Group

Moderator: Jack Rowe, Julius B. Richmond Professor of Health Policy and Aging, Columbia University Mailman School of Public Health

- **Meena Seshamani**, Director, Center for Medicare
- **Terry Fulmer (virtual)**, President, John A. Hartford Foundation
- **Cynthia Boyd**, Director, Division of Geriatric Medicine and Gerontology, Johns Hopkins University
- **James Perrin**, Former President, American Academy of Pediatrics



4:00 pm | The Future of Healthy Longevity

Presenter: **Noubar Afeyan (virtual)**, CEO, Flagship Pioneering
Discussant: **Victor Dzau**, President, National Academy of Medicine

4:30 pm | Closing Remarks

- **Victor Dzau**, President, National Academy of Medicine

5:00 pm | Reception

All guests are invited to attend the reception, taking place in the West Court at the NAS building.