The Transformation of Healthcare is placing untenable pressure on the people, teams, and institutions at the heart of the healthcare system. In an environment increasingly focused on structures and processes, mechanisms for connection, community, and peer support have been lost.

Intend Health Strategies strives to serve that community of people — healthcare teams, leaders and trainees — with programs that help participants re-prioritize the human element of healthcare delivery, emphasizing stronger relationships and more supportive team dynamics as key drivers for meaning and purpose. By engaging with Intend Health, healthcare professionals and students learn how to work more effectively on interdependent teams, navigate the changing healthcare environment around them, and maintain a sense of connection to their purpose, patients, and peers.

Intend Health Strategies is committed to activating the untapped relational potential in the people at the heart of healthcare. Our leadership and team development programs are based on Relational Leadership, a human-centered approach to working with others that cultivates connection and awareness in order to increase belonging, collaboration, equity, and impact across health systems. We collaborate with health systems, hospitals, academic medical centers, and community health centers across the country to deliver experiences that initiate the relational spark between individuals and their teams — because improving the quality of our human interactions is vital to our health and healthcare at large.

Our mission is to catalyze meaningful change in the way we relate to each other within the healthcare ecosystem to improve the quality of interactions, outcomes, and lives of every individual.

About Our Programs
We inspire healthcare clinicians and teams to be more intentional about the quality of their interactions with their peers, their team, and their patients, because real transformation cannot happen without successful relationships. Participants emerge from our programs inspired and empowered. We provide the roadmap, tools, and experiences to ignite the relational spark so that individuals, teams, and communities can begin to connect, no longer feel disconnected and isolated, and work more effectively together in service of better healthcare and better health.

We serve Courageous Change Makers who have the hope and will to create a more supportive, healthier future together.

Interested in our workshops or multi-session programs? Want to connect and learn more? Contact us: Sarah Smithson, MD, at ssmithson@intendhealth.org

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