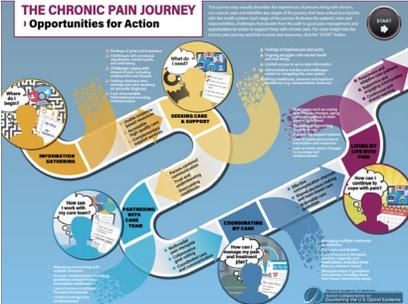
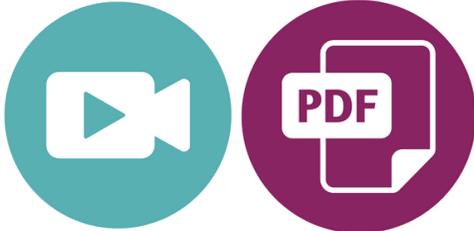
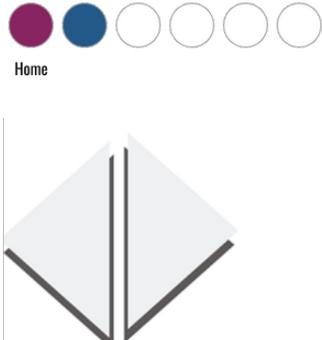
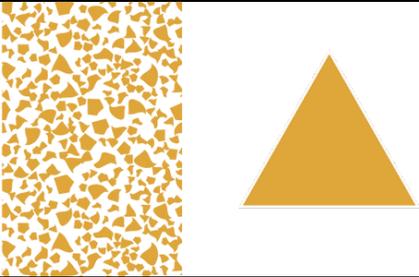


The [NAM Action Collaborative on Countering the U.S. Opioid Epidemic Chronic Pain Journey Map](https://nam.edu/chronic-pain-journey-map) is a person-centered interactive tool consisting of five sections that explore key stages of the chronic pain management journey from the perspective of those living with pain. Use this guide to engage with the map and resources. For more, please visit: nam.edu/chronic-pain-journey-map

	<p> Launching the Journey Map will direct you to a screen depicting the full journey map. Each of the five sections highlights what works for individuals living with pain, as well as common challenges and specific actions that can be taken by clinicians, payers, health systems, and community organizations to improve chronic pain care. Helpful resources are embedded throughout the journey map. </p>
	<p> Click the Start button at the top right corner to explore each of the sections of the journey map in depth. </p>
	<p> At the top right of each section of a map, you'll find two useful icons. </p> <p> By clicking the video camera, you'll be see an instructional video appear in the pop-up window to help you visually navigate the Journey Map. Once you have finished viewing the video, you can click "Close" on the pop-up window. </p> <p> By clicking the PDF icon, you'll be able to download a printable version of the Journey Map. </p>
	<p> Along the bottom of the journey map, you'll be able to access a navigation bar that allows you to quickly move between different sections of the map. </p> <p> The purple circle will direct you back to the Start screen and the blue circle indicates what section of the map you are currently on. </p> <p> You can also navigate the map by clicking the arrows on the left and right of the map to go back and move forward, respectively. </p>

	<p>Along the Journey Map’s route, barriers to supporting a patient’s experience seeking care are demonstrated by broken pathways at each stage. Here you’ll find the common challenges patient’s face marked with a triangle icon.</p>
	<p>At all stages of the map, you’ll find two icon buttons along the path.</p> <p>The orange icon describes what works well from the patient perspective at each stage and includes guidance on how to be an active participant in the pain management process. In addition to what works, each stage of the map identifies common challenges. These challenges or obstacles that may occur during the pain management process and can prevent those living with pain from moving forward in their journey.</p> <p>The gray icon describes important actions healthcare stakeholders can take to address common challenges and better meet the needs of those living with chronic pain</p> <p>At the bottom of both these pop-up windows is a link to relevant resources. It is easy to navigate back to the map. To click out of the resource page, click the Close button on the top right of the pop up window.</p>
	<p>To leave the Journey Map and go back to the main landing page, click the Opioid Collaborative logo at the bottom right corner of the map.</p>