



Ada D. Stewart, MD, FAAFP, a family physician with Cooperative Health in Columbia, South Carolina, is board chair of the American Academy of Family Physicians. The AAFP represents 127,600 physicians and medical students nationwide. As AAFP board chair, Stewart advocates on behalf of family physicians and patients to inspire positive change in the U.S. health care system. Stewart has been a practicing family physician with Cooperative Health, formerly Eau Claire Cooperative Health Centers, since 2012 and currently serves as lead provider and HIV specialist.

A member of the AAFP since 1995, Stewart has served in several leadership positions at the state and national level. She has served on numerous commissions and committees, including as a member of the AAFP Commission on Health of the Public and Science, past chair of the commission's Tobacco Prevention and Control Advisory Committee, board liaison to the Commission on Federal and State Policy, Commission on Finance and Insurance, and Commission on Continuing Professional Development. Stewart also served as AAFP Board of Directors representative on the AAFP Foundation Board of Trustees. Previously active in the American Medical Association, Dr. Stewart served as AAFP resident delegate to the AMA Resident and Fellow Section and was chair of the AMA Minority Affairs Consortium Governing Council.

Stewart earned her Bachelor of Science degree in pharmacy from Ohio Northern University in Ada, Ohio. She completed her medical degree at the Medical College of Ohio and her family medicine residency training at Palmetto Richland Memorial Hospital in Columbia, South Carolina.



Kate M. Nicholson, JD is a civil rights attorney, nationally-recognized expert on the Americans with Disabilities Act (ADA), and the Founder and Executive Director of the National Pain Advocacy Center. She served in the U.S. Department of Justice for 18 years, where she litigated and managed cases, coordinated federal disability policy, and drafted the current ADA regulations.

Kate developed intractable pain after a surgical mishap left severely limited in her ability to sit, stand, or walk for many years. She gave the TEDx talk, [What We Lose When We Undertreat Pain](#), and speaks widely at universities and conferences and to medical groups. She was an appointed member of the Opioid Workgroup of the Centers for Disease Control and Prevention and a 2019-20 Mayday Pain & Society Fellow. Kate also serves on task forces and working groups of aligned civil rights, disability rights, women's health, and drug policy organizations. Kate was a Senior Fellow at Dartmouth College and is a graduate of Harvard Law School.



Manish Sapra, MD, is the executive director of the behavioral health service line at Northwell Health. He oversees strategic clinical program development and physician management for all mental health and substance use disorder programs at Northwell. Dr. Sapra joined Northwell in 2017, initially focusing on developing various population health programs, including behavioral health integration in primary care practices. Dr. Sapra has been instrumental in efforts to modernize behavioral health services by developing new ambulatory telepsychiatry applications, implementing advanced use of data analytics, and exploring value-based purchasing arrangements. Before joining Northwell, he was associate chief of clinical services for behavioral health and senior director

of community psychiatry at the University of Pittsburgh Medical Center (UPMC), where he directed physician management and business development for its ambulatory and acute-care services and medical education programs related to community psychiatry. Dr. Sapra is the immediate past president of the American Association for Psychiatric Administration and Leadership, a fellow of the American Psychiatric Association, and an active member of the Group for Advancement of Psychiatry, a leading psychiatric think tank. He graduated from Seth G. S. Medical College, University of Mumbai. He completed his residency in psychiatry at St. Elizabeth Medical Center in Boston and has a master's in medical management from Carnegie Mellon University.



Chris Regal, MS, has over 12 years of professional experience, including as a researcher for the health insurance trade association, as a consultant on state and federal projects, as writer and editor for digital media properties, and as a legislative and policy researcher. Chris is currently the Director of Clinical Innovation at America's Health Insurance Plans. Chris has experience working on a variety of health care topics, including health insurance coverage policy, the opioid crisis, prevention issues, federal rule making, the Health Care Innovation Awards, and insurance marketplaces.