## Meeting Objectives

- Understand the current regulatory and policy environment as it relates to telehealth for pain management and substance use disorder (SUD) care.
- Identify access barriers and challenges, including regulatory, policy, payment, and others, for the adoption and utilization of telehealth for pain and SUD across care settings.
- Explore opportunities for telehealth to improve access to pain management and SUD care and services.
- Discuss strategies to both overcome identified barriers and capitalize on opportunities for expanded telehealth services in pain management and SUD care.

## Opening Remarks

### 2:00 – 2:10pm (10 min)

### Welcome & Opening Remarks

- **Aisha Salman, MPH** Program Officer, National Academy of Medicine
- **Helen Burstin, MD, MPH, MACP** Chief Executive Officer, Council of Medical Specialty Societies
- **Kelly J. Clark, MD, MBA** Founder and President, Addiction Crisis Solutions; Past President, American Society of Addiction Medicine

### Session 1: State and Interstate Regulatory and Policy Landscape

### 2:10 – 3:00pm (40 min)

### Key Discussion Questions

- What are some of the key differences in how federal policy and regulatory changes have been adopted and/or implemented at the state and interstate level, particularly as it pertains to pain management and SUD care?
- How are state medical boards, Medicaid directors, and care providers responding to these policy changes?
- What are some of the policy and regulatory barriers that remain at the state level for effective telehealth-enabled pain and SUD care?
  - Are there strategies that have worked well at the state level to overcome these barriers?
2:10pm  Introduction to Session
Moderator: Kelly J. Clark Addiction Crisis Solutions

2:15pm  Insights from State Medicaid Leaders
- Lindsey Browning, MPP Program Director, Medicaid Operations, National Association of Medicaid Directors

2:18pm  Lessons Learned from Expanding and Delivering SUD Virtual Care across State Lines
- Ankit Gupta, MS Founder and Chief Executive Officer, Bicycle Health

2:21pm  Pain Management Virtual Care in Georgia: Challenges and Lessons Learned
- Doris K. Cope, MD, MS Pain Management Clinician, SUN Pain Institute, LLC

2:24pm  Moderated Discussion with the Speakers and Participant Q&A (~35 min)

Session 2: Federal Regulatory and Policy Landscape
3:00 – 3:30pm (30 min)

Key Discussion Questions
- How have the federal-level policies and regulatory flexibilities enacted during the COVID-19 public health emergency impacted access to, and delivery of, telehealth-enabled pain management and SUD care?
- What federal policy and/or regulatory changes have been most beneficial to pain and/or SUD patients? What policy and regulatory barriers still remain?
- As the public health emergency subsides, what flexibilities should remain? What flexibilities are no longer necessary? What additional flexibilities/changes are still needed?

3:00pm  Introduction to Session
Moderator: Helen Burstin Council of Medical Specialty Societies

3:05pm  Implications of Changes to Federal Telehealth Policy and Regulations during COVID-19 Public Health Emergency on Delivery of Pain Management
- Shari M. Ling, MD Deputy Chief Medical Officer, Center for Clinical Standards and Quality, Centers for Medicare and Medicaid Services

3:10pm  Implications of Changes to Federal Telehealth Policy and Regulations during COVID-19 Public Health Emergency on Delivery of SUD Care
Moderated Discussion with the Speakers and Participant Q&A (~15 min)

BREAK (10 min)

Session 3: Clinical Perspectives and Payment and Reimbursement Considerations
3:40 – 4:40pm (60 min)

Key Discussion Questions

• When adapting standard care and treatment interventions to the virtual environment, what are some of the key clinical considerations for pain management and SUD care?
  o How have current payment and reimbursement policies supported and/or inhibited the transition to virtual and/or telehealth-enabled care for pain management and SUD?
• What evidence is available regarding the impact of telehealth-enabled care on access and patient outcomes?
• What are the biggest challenges and/or concerns for payers and health plans to adapt reimbursement models to support telehealth-enabled pain management and SUD care?

3:40pm  Introduction to Session
Moderator: Rhonda R. Beale UnitedHealth Group

3:45pm  Clinical Perspectives for Transitioning Pain Treatment to the Virtual Care Environment

  • Edward R. Mariano, MD, MAS, FASA Professor of Anesthesiology, Perioperative and Pain Medicine, Stanford University and Chief of Anesthesiology and Perioperative Care Service, Veterans Affairs Palo Alto Health Care System

3:52pm  Clinical Perspectives for Transitioning SUD Treatment to Virtual Care Environment

  • Haiden A. Huskamp, PhD Henry J. Kaiser Professor of Health Care Policy, Harvard Medical School

3:59 pm  Telehealth Coverage: Challenges and Opportunities for Health Plans to Adapt Reimbursement Models to Increase Access to Telehealth-enabled Pain Management and SUD Care

  • Debra Nussbaum, PhD, LCSW Senior Director of Behavioral Health Product and National SUD Strategy Lead, Optum
Six Myths Regarding Telehealth Payment Parity

- Chad Ellimoottil, MD, MS, Director, U-M Telehealth Research Incubator, University of Michigan

Moderated Discussion with the Speakers and Participant Q&A (~25 min)

BREAK (10 min)

Session 4: Intersection of Access to Quality Care and Social Determinants of Health
4:50 – 5:50pm (60 min)

Key Discussion Questions

- How can telehealth-enabled care help to address existing health disparities among diverse populations affected by pain and SUD? How might it also further exacerbate existing disparities?
- What are some innovations and/or strategies for using telehealth-enabled care to alleviate health disparities?
  - How can these strategies be scaled across different care settings and to reach different patient populations?

Introduction to Session
Moderator: Elizabeth Salisbury-Afshar, University of Wisconsin, Madison

Why Closing the Digital Divide is a Health Equity Matter

- Nicol Turner Lee, PhD, Director, Center for Technology Innovation and Co-Editor-In-Chief, TechTank, Brookings Institute

Telehealth: A More Accessible Future?

- Hannah Snyder, MD, Assistant Professor of Family Community Medicine, University of California, San Francisco; Director and Co-Principal Investigator, CA Bridge

Telehealth to Expand Access in Underserved Populations

- David Kan, MD, Chief Medical Officer, Bright Heart Health

Benefits and Challenges of Telehealth for SUD Care: the Indian Health Service’s Experience

- Chris Fore, PhD, Director, Telebehavioral Health Center of Excellence, Indian Health Service

Moderated Discussion with the Speakers and Participant Q&A (~25 min)
### Closing Remarks
#### 5:50 – 6:00pm (10 min)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:50pm</td>
<td>Summary Remarks</td>
<td>Helen Burstin, Council of Medical Specialty Societies, Kelly J. Clark, Addiction Crisis Solutions</td>
</tr>
<tr>
<td>5:55pm</td>
<td>Wrap-Up &amp; Meeting Adjournment</td>
<td>Aisha Salman, National Academy of Medicine</td>
</tr>
</tbody>
</table>