THE CHRONIC PAIN JOURNEY

Opportunities for Action

This journey map visually describes the experiences of persons living with chronic, non-cancer, pain and identifies key stages of the journey that have critical touchpoints with the health system. Each stage of the journey illustrates the patients' roles and responsibilities, challenges that deviate from the path to good pain management, and opportunities for action to support those with chronic pain. This map is available in an interactive version, which provides more insight into the chronic pain journey and links to tools and resources.