

# Wellness Culture and Environment Support Scale

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*Please respond to each item by filling in the circles for your answers.*

		Strongly Disagree	Disagree	Neither Agree Nor Disagree	Agree	Strongly Agree
1.	I believe my University has a vested interest in my health and wellness	1 ○	2 ○	3 ○	4 ○	5 ○
2.	I believe my University has a culture and environment that promotes health and wellness for its faculty, staff, and students	1 ○	2 ○	3 ○	4 ○	5 ○
3.	I believe the Institutional Leaders at my University are actively engaged in promoting and role-modeling health and wellness	1 ○	2 ○	3 ○	4 ○	5 ○
4.	I think health and wellness programs are readily available to me at my University	1 ○	2 ○	3 ○	4 ○	5 ○
5.	I think that the communications received about wellness programs, activities, and services are clear	1 ○	2 ○	3 ○	4 ○	5 ○
6.	I have found it easy to engage in health and wellness programs and activities at my University	1 ○	2 ○	3 ○	4 ○	5 ○
7.	I am satisfied with the current wellness programs and services offered at my University	1 ○	2 ○	3 ○	4 ○	5 ○
8.	My unit/college regularly supports my participation in health and wellness activities and events	1 ○	2 ○	3 ○	4 ○	5 ○
9.	I believe my University cares about my health and personal wellness	1 ○	2 ○	3 ○	4 ○	5 ○
10.	I agree with this statement: "I have a substantially higher overall well-being being of my University."	1 ○	2 ○	3 ○	4 ○	5 ○

*Please note: "my University" can be revised to "my organization" or "my company" for assessment if not an institution of higher learning.*

Strongly Disagree    Disagree    Neither Agree Nor Disagree    Agree    Strongly Agree

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