



**National Academy of Medicine**  
Action Collaborative on  
Clinician Well-Being and Resilience

**Reducing Documentation and Administrative Burden for Clinician Well-Being**  
**Monday, January 31, 2022**  
**10:00 AM – 1:00 PM ET**

**SPEAKER BIOGRAPHIES**



**Victor J. Dzau, MD** (*Clinician Well-Being Collaborative Co-Chair*), is the President of the National Academy of Medicine (NAM), formerly the Institute of Medicine (IOM). In addition, he serves as Vice Chair of the National Research Council. Dr. Dzau is Chancellor Emeritus and James B. Duke Professor of Medicine at Duke University and the past President and Chief Executive Officer of the Duke University Health System. Previously, Dr. Dzau was the Hershey Professor of Theory and Practice of Medicine and Chairman of Medicine at Harvard Medical School's Brigham and Women's Hospital, as well as Chairman of the Department of Medicine at Stanford University. He is an internationally acclaimed leader and scientist whose work has improved health care in the United States and globally. His seminal work in cardiovascular medicine and genetics laid the foundation for the development of the class of lifesaving drugs known as ACE inhibitors, used globally to treat hypertension and heart failure. Dr. Dzau pioneered gene therapy for vascular disease and was the first to introduce DNA decoy molecules to block transcriptions in humans in vivo. His pioneering research in cardiac regeneration led to the Paracrine Hypothesis of stem cell action and his recent strategy of direct cardiac reprogramming using microRNA. He maintains an active NIH-funded research laboratory.



**Vivek H. Murthy, MD** (*Clinician Well-Being Collaborative Co-Chair*), was confirmed by the U.S. Senate in March 2021 to serve as the 21st Surgeon General of the United States as a returning role. As the Nation's Doctor, the Surgeon General's mission is to restore trust by relying on the best scientific information available, providing clear, consistent guidance and resources for the public, and ensuring that we reach our most vulnerable communities. As the Vice Admiral of the U.S. Public Health Service Commissioned Corps, Dr. Murthy commands a uniformed service of 6,000 dedicated public health officers, serving the most underserved and vulnerable populations domestically and abroad. During his previous tenure as 19th Surgeon General, Dr. Murthy has created initiatives to tackle our country's most pressing public health challenges. As "America's Doctor" he helped lead the national response to a range of health challenges, including the Ebola and Zika viruses, the opioid crisis, and the growing threat of stress and loneliness to Americans' physical and mental wellbeing. He also issued the first Surgeons General's report on Alcohol, Drugs and Health, in which he challenged the nation to expand access to prevention and treatment and to recognize addiction as a chronic illness, not a character flaw. Dr. Murthy continued the office's legacy on preventing tobacco-related disease, releasing a historic Surgeon General's report on e-cigarettes and youth.



**Christine K. Cassel, MD** (*Mobilizing National Stakeholders Working Group Co-Lead*), is a Professor of Medicine at the University of California at San Francisco School of Medicine, and Senior Advisor for Strategy and Policy where she is working on biomedical ethics and the role of technology in health care. She is leading groups within the research community creating ethical frameworks for health data use, and is a member of the

University of California Presidential Working Group on Artificial Intelligence Standing Council and co-chair of the UC Task Force on Community Engagement and Justice Based Models of Data Governance. She is leading a group of experts within the Clinical Translational Science Institute focused on the ethical and trustworthy use of patient data in big data applications such as artificial intelligence. In March of 2018, Dr. Cassel completed her term as Planning Dean for the new Kaiser Permanente School of Medicine, based in Pasadena, CA. From 2013-2016 she was the President and CEO of the National Quality Forum and prior to that served as president and CEO of the American Board of Internal Medicine and the ABIM Foundation. Dr. Cassel was one of 20 scientists chosen by President Obama to serve on the President's Council of Advisors on Science and Technology (PCAST). She chaired or co-chaired PCAST reports on health information technology, scientific innovation in drug development and evaluation, systems engineering in healthcare, technology to foster independence and quality of life in an aging population, and safe drinking water systems. She is author of over 200 articles and author or editor of 11 books, including one of the leading textbooks in geriatric medicine, and *Medicare Matters: What Geriatric Medicine Can Teach American Health Care*.



**Jeffrey P. Gold, MD** (*Mobilizing National Stakeholders Working Group Co-Lead*), is a nationally recognized leader and tireless advocate for transforming higher education, academic medicine and health care delivery. He became the eighth chancellor of the University of Nebraska Medical Center, Vice President of the University of Nebraska System and the chair the board of UNMC's principle clinical care academic health system partner, the Nebraska Medicine Health System, in January of 2014. As UNMC's chief executive officer, Dr. Gold is responsible for all aspects of campus leadership, program quality and operations, including 7 Colleges, numerous institutes, a staff and faculty of about 5,000 and its 4,100 health professions students. Additionally, Nebraska Medicine has over 7,500 employees and an operating budget of well more than \$2 billion. The combined annual economic impact of the "500-mile campus" academic health center with 7 Health Profession Colleges, 2 Institutes, 37 Centers of Excellence exceeds \$6.5 billion. In April of 2017 Dr. Gold was also named the Chancellor of the University of Nebraska at Omaha, the state's public urban metropolitan university. The University of Nebraska at Omaha has an enrollment of over 12,000 undergraduate students, 3,000 graduate students, a broad public service mission and an NCAA Division I-A athletic program. In July 2021 Dr Gold was named the Executive Vice President and Provost of the University of Nebraska System, the multi campus land grant system with over 50,000 students and over \$500M in research. He is the former Chair of the AMA Council on Medical Education, as well as the Board Chair of the LCME and the ACGME, with current service on several volunteer Boards. Dr. Gold holds a tenured faculty appointment at the rank of Professor in the College of Medicine and as well, as a Professor in the College of Public Health, where his research interests in health care policy, population health and epidemiology are concentrated. Dr. Gold is a proud graduate from the Cornell University College of Engineering, where he received a degree in Theoretical and Applied Mechanics. He earned his M.D. from the Weill Cornell College of Medicine and completed his general surgery residency at The New York – Presbyterian Hospital and Memorial Sloan Kettering Cancer Center, where he later served as the administrative chief resident. He completed his cardiothoracic surgical fellowship training at the Brigham and Women's Hospital in Boston with additional training in pediatric cardiac surgery at the Boston Children's Hospital, both of Harvard Medical School. He is married for more than forty years to a physician and has two adult children.



**Tait Shanafelt, MD** (*Mobilizing National Stakeholders Working Group Co-Lead*), is the chief wellness officer, associate dean, and Jeanie and Stewart Richie Professor of Medicine at Stanford University. Dr. Shanafelt is a hematologist/oncologist whose clinical work focuses on the care of patients with chronic lymphocytic leukemia. He is currently

the principle investigator on two R01 grants from the National Cancer Institute and served as a member of the NCI Leukemia Steering Committee for 7 years. He has been the principle investigator on numerous clinical trials testing new treatments for patients with chronic lymphocytic leukemia including two national phase three trials for the Eastern Cooperative Oncology Group (ECOG). He has published >475 peer review manuscripts and commentaries in addition to more than 100 abstracts and book chapters. In addition to his leukemia research, Tait is an international thought leader and researcher in the field of physician well-being and its implications for quality of care. His pioneering studies in this area nearly 20 years ago are credited with helping launch the entire field of organizational efforts to promote physician well-being. He previously served as the founding director of the Mayo Clinic Department of Medicine Program on Physician Well-being and served a 3-year term as the president of the Mayo Clinic Voting Staff from 2013- 2016. In 2017, he moved to Stanford where he leads the WellMD Center. He served as a member of the American College of Taskforce on Physician Well-being and the National Academy of Medicine Committee on System Approaches to Support Clinician Well-being. He has helped hundreds of organizations and their leaders work to improve burnout and promote professional fulfillment for physicians. Dr. Shanafelt has published over 200 manuscripts on this topic including numerous works in JAMA and the Annals of Internal Medicine and he has served as a keynote speaker to the AMA, ACGME, AAMC, and ABIM. Tait's studies in this area have also been cited in CNN, USA Today, Time magazine, U.S. News, and the New York Times. In 2018, he was named by TIME Magazine as one of the 50 most influential people in healthcare.



**Megan Adamson, MD, MHS-CL, FAFP**, is a Family Physician and the Medical Director at Clinica Family Health, a Federally Qualified Health Center in Colorado. She is board-certified in family, obesity, and lifestyle medicine, and holds a Master of Health Sciences in Clinical Leadership from Duke University. Dr. Adamson is the immediate past chair of the American Academy of Family Physicians Commission on Quality and Practice and has served as AAFP's advisor to the AMA RVU Update Committee (RUC) since 2018. Dr. Adamson graduated from Boston University School of Medicine and completed her residency in Community and Family Medicine at Duke University

Hospital. She served as faculty at Dartmouth's Geisel School of Medicine in the Department of Community and Family Medicine from 2014 to 2018, where she helped start an employer-based primary care practice for Dartmouth-Hitchcock hospital employees and their families. While at Dartmouth, she worked to develop and implement population-based performance measures for value-based payment. In 2019, Dr. Adamson helped the RUC to assess the valuation of the updated outpatient office visit E/M codes, and she's here to talk today about the impact of those changes on the day-to-day work of family physicians, and how we can further the goal of reducing physician burnout.



**Nancy Howell Agee** is President and CEO of Carilion Clinic, a \$2.4 billion not-for-profit health care system headquartered in Roanoke, Virginia; serving over 1 million people in Virginia and West Virginia. Carilion Clinic is organized as a large physician group with more than 1,300 employed physicians, an academic medical center and 7 hospitals ranging from a large, tertiary/quaternary medical center, Level 1 Trauma Center and teaching hospital to a Children's Hospital to midsized community hospitals to small rural or critical access hospitals as well as multiple business lines such as Home Health, Imaging Services, Pharmacies and Urgent Care. Ms. Agee was the Executive Vice President and Chief Operating Officer before becoming CEO. She co-led Carilion's transformation from a collection of hospitals to a patient-centered, physician-led organization. The reorganization included a public/private partnership with Virginia Tech to create an allopathic medical school and a research institute.



**Nate C. Apathy, PhD**, is a postdoctoral fellow in health services research at the Perelman School of Medicine and an associate fellow at the Leonard Davis Institute of Health Economics at the University of Pennsylvania. He is also an Affiliated Research Scientist at the Regenstrief Institute in Indianapolis, Indiana. He holds a PhD in Health Policy & Management from the Richard M. Fairbanks School of Public Health at Indiana University. His research sits at the intersection of health services research, health policy, and health informatics. He studies the role of health information technology in support of delivery and payment reform efforts; the impact of regulations on innovation, adoption, and use; and he uses system-generated log data to increase understanding of health IT's impact on care quality.



**Joseph E. Kerschner, MD**, became the Dean of the School of Medicine and Executive Vice President of the Medical College of Wisconsin (MCW) in November 2011 following 10 months as Interim Dean. Dr. Kerschner assumed the additional role of Provost of the MCW Health Sciences University in 2017. In 2020, Dr. Kerschner was named *The Julia A. Uihlein, MA, Dean of the School of Medicine*. Dr. Kerschner also is a Professor in the Departments of Otolaryngology and Communication Sciences and Microbiology & Immunology. He has held numerous leadership roles in organized medicine, including membership on the Board of Directors for the Association of American Medical Colleges (AAMC) from 2015-2021 and serving as Chair of the AAMC Board from 2019-2020. Dr. Kerschner also served as a member of the AAMC Council of Deans Administrative Board from 2014-2018 and served as Chair of the Council of Deans (2017-2018). Dr. Kerschner maintains an active research laboratory which has been continuously funded by the National Institutes of Health since 2001. He has published more than 150 manuscripts in peer-reviewed journals and has authored or co-authored 23 books, chapters and reviews. He also maintains a busy pediatric otolaryngology surgical practice.



**Jennifer Martin, DNP, RN, NEA-BC**, is a registered nurse who began her career by earning her Associates degree in 1987. A believer in lifelong learning, she earned her BSN in 1993 from Radford University, her MSN in 2007 from Jefferson College of Health Sciences and her DNP from James Madison University in 2016. She has been board certified in Nursing Administration since 2010. Her clinical background is critical care. Jennifer's twenty-five years of leadership experience includes nursing quality, hospital Magnet® program, inpatient operations, and clinical informatics. With a dual reporting structure to the CNO and CMIO, Jennifer currently serves in the role of Sr. Director for Clinical Informatics at Carilion Clinic. Her areas of responsibility include hospital nursing Magnet® program, nursing data reporting and clinical informatics. Jennifer is passionate about making positive changes in clinician workflows to enable the common goal of exceptional quality patient care.



**Barry Marx, MD**, currently serves as the Director of the Office of Clinician Engagement for the Centers for Medicare and Medicaid Services (CMS), and Medical Officer in the Center for Clinical Standards and Quality. Dr. Marx's committed focus is on the achievement of positive health outcomes for patients and families through the delivery of high quality, person-centered care, across all care settings. He believes that these outcomes are best supported by robust efforts to actively engage and enable clinicians, their staffs, and support systems to provide care that is personalized, collaborative, informed by best practice, and that fosters the joy and rewards of clinical medicine. His clinical focus is on the care of children and families in challenging circumstances. Dr. Marx comes to CMS from the Department of Defense, most recently as the Chief of Primary Care of the Kirk US Army Health Clinic at Aberdeen Proving Ground. Prior

to working for the Department of Defense, Dr. Marx was the Senior Medical Advisor to the Office of Head Start. Dr. Marx has worked in Federally Qualified Health Centers for more than two decades.



**Stephen A. Morgan, MD**, is a board-certified physician in family medicine. Dr. Morgan graduated with a BS in biology and chemistry from The Virginia Military Institute in 1982 and earned his medical degree from the University of Virginia School of Medicine in 1986. He completed his residency in Family Medicine at Roanoke Memorial Hospital in 1989. Dr. Morgan spent six years in private practice before joining Carilion in 1996. He served as a regional medical director in the Department of Family and Community Medicine from 1996 until 2010. In 1999, Dr. Morgan began working with Information Technology as a physician champion, believing that technology had the potential to not only improve physician efficiency, but also directly affect and improve the delivery of quality patient care. In 2010, Dr. Morgan transitioned from a full-time family medicine practice to work in informatics and information technology. He was appointed chief medical information officer in 2010 and was promoted to senior vice president in 2012. His areas of responsibility include data analytics, research reporting, digital health and clinical informatics. His teams are committed to advancing and transforming patient care through data, efficient workflows, technology and digital solutions.



**Christine A. Sinsky, MD**, is the Vice President of Professional Satisfaction at the American Medical Association (AMA). A board certified internist, Dr. Sinsky has worked to elevate national awareness of health professional well-being as an important driver of health system performance. From 2011 to 2012 she led "In Search of Joy in Practice: A Report of 23 High-Functioning Primary Care Practices," a project of the ABIM Foundation. She also co-authored the 2013 paper "From Triple to Quadruple Aim: Care of the Patient Requires Care of the Provider." At the AMA she leads the development of initiatives to improve clinician well-being and reduce burnout. Dr. Sinsky is a fellow of the American College of Physicians (ACP) and is the recipient of the Iowa ACP 2013 Laureate Award. A frequent invited lecturer on practice innovation, redesign and physician satisfaction, Dr. Sinsky has presented widely, both nationally and internationally. In addition, Dr. Sinsky is a Trustee for the American Board of Internal Medicine Foundation. Dr. Sinsky received her bachelor's and medical degrees from the University of Wisconsin, and completed her post-graduate residency at Gundersen Medical Foundation/La Crosse Lutheran Hospital in LaCrosse, Wisconsin, where she served as chief medical resident.