

National Academy of Medicine: Action Collaborative on Clinician Well-Being and Resilience

Moffitt Cancer Center's Commitment Statement

Moffitt Cancer Center is dedicated to one lifesaving mission: to contribute to the prevention and cure of cancer.

The only National Cancer Institute (NCI) designated Comprehensive Cancer Center based in Florida, Moffitt employs more than 7,500 team members. It is recognized for scientific excellence, multidisciplinary research, and robust training and education. Moffitt's staff includes some of the world's best surgical oncologists, medical oncologists, radiation oncologists, basic science and clinical researchers, and allied healthcare professionals, and the center achieved Magnet status in 2015 and 2019 in recognition of nursing excellence.

The Moffitt Medical Group (MMG) is Florida's largest multi-disciplinary medical group practice that is dedicated to cancer care with 300+ physicians and 300+ APPs. The MMG, based at Moffitt Cancer Center, also provides services at other hospitals and clinics throughout the state of Florida and beyond. With more than 450,000 outpatient visits, more than 11,000 surgical cases and almost 10,000 admissions per year, Moffitt's 206 bed hospital is a busy place and positioned for additional growth.

For several years, Moffitt has monitored provider burnout/resilience on an annual basis and as a result established a formal provider and research faculty Wellness Office in 2020 in addition to the already existing organization wide wellness efforts directed by Human Resources. Leadership for the provider/faculty centric wellness efforts are provided by a dedicated Chief Wellness Officer (reporting directly to the Physician-in-Chief) who is supported by a full-time Associate Chief Wellness Officer. The mission of this office is to promote the well-being of providers and research faculty through program and interventions that provide a culture of wellness, strengthen personal resilience, and improve the efficiency of practice.

A team of about 20 highly engaged volunteer physicians partner with the wellness office to drive initiatives that focus on efficiency of practice, personal resilience, and a culture of wellness.

Achievements so far include:

- Creation of a clinician peer support program
- Optimization efforts targeting EHR functionality
- Collaborative work agreements in form of a buddy system
- Design and construction of collaboration-oriented and well-being focused spaces (respite room, coffee corner, provider lounge, etc.)
- Mental health awareness programs
- Individual coaching

For more information on Moffitt's Wellness Office, please contact the Chief Wellness Officer, Dr. Jennifer Bickel, MD FAAN FAHS; jennifer.bickelyoung@moffitt.org; 813-745-1913.