NAM Vital Directions for Health and Health Care Symposium: The North Carolina Experience

Victor J Dzau, MD
President, National Academy of Medicine

November 21, 2019
U.S. National Academy of Sciences (1863)

“The Academy shall, whenever called upon by any department of the government, investigate, examine… and report upon any subject of science or art…”

The Institute of Medicine (IOM) was founded in 1970 and reconstituted as the National Academy of Medicine in 2015.

The New York Times describes the IOM as “the most esteemed and authoritative adviser on issues of health and medicine, and its reports can transform medical thinking around the world.”
Unfortunately, access to health care services is severely limited:

Quality is an enduring challenge

- Growth of aging population
- Rising burden of NCDs
- Increased demand for care
- Care quality remains a challenge
- Care is fragmented
- Persistent health inequalities
Vital Directions for Health and Health Care

ACTION PRIORITIES
• Pay for value
• Empower people
• Activate communities
• Connect care

ESSENTIAL INFRASTRUCTURE NEEDS
• Measure what matters most
• Modernize skills
• Accelerate real-world evidence
• Advance science
North Carolina: The New Frontier For Health Care Transformation

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