Health Care & Public Health Systems for Healthy Longevity

A Workshop for the Global Roadmap for Healthy Longevity Initiative

3 & 4 FEBRUARY 2020
NATIONAL UNIVERSITY HEALTH SYSTEM AUDITORIUM
Welcome Remarks

Health Care and Public Health Systems for Healthy Longevity

John Eu-Li Wong
Senior Vice President (Health Innovation & Translation)
National University of Singapore

Co-Chair
Global Roadmap for Healthy Longevity Commission
Opening Remarks

Health Care and Public Health Systems for Healthy Longevity

Dr. Amy Khor
Senior Minister of State
Ministry of Environment and Water Resources & Ministry of Health
Singapore
An overview of the Global Roadmap for Healthy Longevity Initiative

Health Care and Public Health Systems for Healthy Longevity

Victor Dzau
President
National Academy of Medicine

Chair
Global Roadmap for Healthy Longevity International Oversight Board
Workshop overview, goals, and framework

Health Care and Public Health Systems for Healthy Longevity

**John Beard**, *Co-Chair of the workshop*
Professor
ARC Centre for Excellence in Population Ageing Research
University of New South Wales, Australia

**Sharon Inouye**, *Co-Chair of the workshop*
Director, Aging Brain Center
Marcus Institute for Aging Research
Milton and Shirley F. Levy Family Chair
Professor of Medicine, Harvard Medical School, USA
Chairs’ Welcome and Thanks
Planning Committee Members

Workshop on Health Care and Public Health for Healthy Longevity

**John Beard** (Co-Chair), University of New South Wales

**Sharon K. Inouye** (Co-Chair), Harvard University

**Isabella Aboderin**, University of Bristol

**Islene Araujo de Carvalho**, World Health Organization

**Paulin Basinga**, Bill & Melinda Gates Foundation

**Jeffrey Brown**, University of Illinois Urbana-Champaign

**Bent Greve**, Roskilde University

**Eduardo Klien**, HelpAge International

**Alan Lopez**, University of Melbourne

**Fernando Morales-Martinez**, Universidad de Costa Rica

**Mosa Moshabela**, University of KwaZulu-Natal

**Jennie Popay**, Lancaster University

**David B. Reuben**, University of California at Los Angeles

**John (Jack) W. Rowe**, Columbia University

**Kenji Shibuya**, King’s College London

**Allison P. Squires**, New York University

**Zsin Woon Teoh**, Singapore Public Service Division

**Enrique Vega**, Pan American Health Organization

**Jeanette Vega**, Red de Salud UC Christus

**Ninia Wang**, Pinetree Senior Care Services

**Eng-kiong Yeoh**, Chinese University of Hong Kong
Sponsors

Global Roadmap for Healthy Longevity Initiative

AARP
California Health Care Foundation
Gary and Mary West Foundation
Gil Omenn
Ministry of Health Singapore
Nathaniel (Ned) David
National Research Foundation Singapore

National University of Singapore
National University Health System
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The Harvey V. Fineberg Impact Fund
The John A. Harford Foundation
The Mehta Family Foundation
The Rockefeller Foundation
Tsao Foundation
International Oversight Board

Global Roadmap for Healthy Longevity Initiative

Victor J. Dzau, Chair
President, National Academy of Medicine

Jo Ann Jenkins, Vice Chair
Chief Executive Officer, AARP

Keizo Takemi, Vice Chair
Member, House of Councillors, Japan

Nancy Brown
Chief Executive Officer, American Heart Association

Dame Sally Davies
Master, Trinity College Cambridge

Terry Fulmer
President, The John A. Hartford Foundation

William N. Hait
Global Head of External Innovation, Johnson & Johnson

Roman Macaya Hayes
President, Costa Rican Social Security Fund

Rahul Mehta
Founder, NuView, Inc.

Lance Robertson
Assistant Secretary for Aging, U.S. Department of Health and Human Services

Chorh Chuan Tan
Founding Executive Director, MOH Office for Healthcare Transformation Singapore

Mary Ann Tsao
Chairwoman and Founding Director, Tsao Foundation

Sir Andrew Witty
Chief Executive Officer, Optum
Commission
Global Roadmap for Healthy Longevity Initiative

Linda Fried, *Co-Chair*
Columbia University

John Eu-Li Wong, *Co-Chair*
The National University of Singapore

Isabella Aboderin
University of Bristol

Ann Aerts
Novartis Foundation

John Beard
University of New South Wales

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Laura Carstensen
Stanford University

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Michigan State University

Paul Irving
Milken Institute Center for the Future of Aging

Mehmood Khan
Life Biosciences

Mosa Moshabela
University of KwaZulu-Natal, South Africa

Hiroki Nakatani
Keio University, Japan

John Piggott
University of New South Wales

Jennie Popay
Lancaster University

John (Jack) W. Rowe
Columbia University

Jeanette Vega
Red de Salud UC-Christus, Chile

Eric Verdin
Buck Institute for Research on Aging
National Academy of Medicine Staff

Global Roadmap for Healthy Longevity Initiative

Cecilia Mundaca Shah, MD, DrPH
Initiative Director & Staff Lead for Workshop

Peak Sen Chua
Research Associate

Stephen Chukwurah
Research Assistant

Jarrett Nguyen
Program Specialist

Bridget Kelly, MD, PhD
Consultant
Burke & Kelly Consulting
Overview of the Workshop

Global Roadmap for Healthy Longevity Initiative

• Brainstorming sessions: To identify innovative and disruptive ideas to change the face of healthy longevity
  • Aspirational + evidence-based
  • Future-back approach: To mobilize the future we envision
• Healthy longevity:
  • Not just an issue pertaining to older adults.
  • Requires whole-scale societal changes and investment across the life course
Goals of the Workshop

Global Roadmap for Healthy Longevity Initiative

• 6 Panel Discussions—bullet talks followed by discussion
• Designed to stimulate ideas and open discussion
• Identify priority areas and approaches for healthy longevity
  • Provide the evidence base, where possible
• This workshop is NOT intended to achieve consensus or make recommendations
  • The Commission will draft the consensus report
Logistics of the Workshop

Global Roadmap for Healthy Longevity Initiative

- All presentations and discussion will be kept strictly on time
- The meeting is open to the public
- No live-streaming, but videos of all presentations will be archived on the NAM website after the workshop
- Workshop proceedings will be published in Fall 2020 and available on the National Academies website (without charge)
- The proceedings will describe the workshop presentations and discussions, with views attributed to individual participants
Cross-Cutting Themes
Global Roadmap for Healthy Longevity Initiative

• Innovation
• Inequity and Health Disparities
• Ageism
• Workforce
• Quality of Care
• Financing
• Policy and Practice
• Monitoring Metrics
• Migration and Displacement
Priorities and Themes Identified

Global Roadmap for Healthy Longevity Initiative

• Approach to keeping track of innovative ideas and priorities throughout the Workshop

• Goals of Session VI:
  • Highlight goals of the final session: bringing things together
  • Final synthesis and discussion
Keynote

Health Care and Public Health Systems for Healthy Longevity

Finbarr Martin
President
European Geriatric Medicine Society, UK
Session 1

A Future-Back Vision of Health Care and Public Health Systems to Achieve Healthy Longevity

Moderator:
Linda Fried, Columbia University, USA

Panelists:
S. Jay Olshansky, University of Illinois-Chicago, USA
David Canning, Harvard University, USA
Charlene Chang, Ministry of Health, Singapore
Session 2

Maintaining the Robust Health of Aging People

Session Lead:
Mosa Moshabela, University of Kwa-Zulu Natal, South Africa

Moderator:
Alison Squires, New York University, USA

Panelists:
Alex Ezeh, Drexel University, USA
Ursula Staudinger, Columbia University, USA
Alana Officer, World Health Organization, Switzerland
Session 3

Supporting the Individual Needs of People with Declining Capacity

Moderator:
Eng-kiong Yeoh, The Chinese University of Hong Kong

Panelists:
Leocadio Rodriguez Mañas, Hospital Universitario de Getafe
Maggie Keeble, ICOPE Worcestershire, UK
Ekachai Piensriwatchara, Ministry of Public Health, Thailand
David Lindeman, Center for Information Technology Research in the Interest of Society, USA
Session 4

Expanding Personalized Care for People with Significant Capacity Loss

Session Lead: 
**Eduardo Klien**, HelpAge International Asia Pacific Regional Office, Thailand

Moderator: 
**Bent Greve**, Roskilde University, Denmark

Panelists: 
**Finnbarr Martin**, European Geriatric Medicine Society, UK
**Anne Margriet Pot**, Ministry of Health, Welfare, and Sport, The Netherlands
**Adelina Comas-Herrera**, London School of Economics, UK
**Thuy Bich Tran**, HelpAge International, Vietnam
Session 5

Translating Knowledge into Policy and Practice

Session Lead:
Kenji Shibuya, King’s College London, UK

Moderator:
Jeanette Vega, Red de Salud UC-Christus, Chile

Panelists:
Robert Greenwood, National PACE Association
Tina Woods, Longevity International, UK
Kazumi Nishiwaka, Ministry of Economy, Trade, and Industry, Japan
K. Srinath Reddy, Public Health Foundation, India
Pre-Session 6

Recapping Workshop Discussions

Moderator:
Bridget Kelly, Burke Kelly Consulting, USA

Session I: Linda Fried
Session II: Mosa Moshabela & Allison Squires
Session III: EK Yeoh
Session IV: Bent Greve
Session V: Kenji Shibuya & Jeanette Vega
Session 6
Envisioning a System of Health and Well-Being for All

Session Lead & Moderator:
John Beard, University of New South Wales, Australia

Panelists:
Luis Miguel Gutiérrez Robledo, Instituto Nacional de Geriatría, Mexico
Helen Schneider, University of the Western Cape, South Africa
Soonman Kwon, Seoul National University, Republic of Korea
Wai Chong Ng, Tsao Foundation, Singapore
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