



National Academy of Medicine: Action Collaborative on Clinician Wellbeing and Resilience

USF Health Morsani College of Medicine (MCOM) Commitment Statement

The USF Health Morsani College of Medicine (MCOM) is committed to encouraging healthy lifestyles that promote and enhance the quality of life among our students. Since student wellbeing is impacted by a variety of factors, the USF Health Morsani College of Medicine takes a holistic and integrative approach to promoting wellbeing. We recognize and emphasize the importance of taking care of oneself in order to care for others.

The USF Health Morsani College of Medicine is dedicated to providing programs and services that support students during their medical school training. At USF, wellness is integrated throughout the medical school experience, both horizontally and vertically. Wellness and resilience is introduced at the beginning of matriculation, and reinforced through all 4 years. Through a variety of approaches, and with a strong support from USF Health Leadership, wellness is integrated both inside and outside of the classroom. By creating and supporting a culture of wellness and self-care, the USF Health Morsani College of Medicine is dedicated to improving the health and wellbeing of our student physicians.