



National Academy of Medicine

Action Collaborative on Clinician Well-Being and Resilience

CASE STUDY WEBINAR SERIES

The Ohio State University

Speaker Biographies



Bryant Adibe, MD, serves as system vice president and chief wellness officer for the Rush University System for Health in Chicago, Illinois. He holds the distinction of off-site, full professor of organizational change and leadership at the University of Southern California, and visiting professor of health policy at Guangzhou Medical University in Guangzhou, China. Previously, Dr. Adibe served as Chief Wellness Officer at Mount Saint Mary's University, Los Angeles. During his time there, the university raised close to \$25 Million in support of a comprehensive wellness initiative and developed plans to construct a state-of-the-art Wellness Pavilion in Los Angeles. As a writer, his work has appeared in the *Huffington Post*, *Thrive Global, Inc.*, and the *American Journal for Managed Care*. Dr. Adibe earned his medical degree from the University of Florida College of Medicine. He completed clinical clerkships in Emergency Medicine at both Harvard Medical School and the Stanford School of Medicine. As a graduate student, he studied health policy research and evidence-based healthcare at Oxford University.



Bernadette Mazurek Melnyk, PhD, CPNP/PMHNP, FAAN, is vice president for health promotion, university chief wellness officer, dean and professor of the College of Nursing, professor of pediatrics and psychiatry at the College of Medicine and executive director of the Helene Fuld Health Trust National Institute for Evidence-based Practice at The Ohio State University. She is a nationally/internationally recognized expert in evidence-based practice, intervention research, child and adolescent mental health, health and wellness, and is a frequent keynote speaker at national and international conferences on these topics. Dr. Melnyk has consulted with hundreds of healthcare systems and colleges nationally and internationally on how to improve quality of care and patient outcomes through implementing and sustaining evidence-based practice. Her record includes over 25 million dollars of sponsored funding from federal agencies and foundations as principal investigator and over 300 publications. Dr. Melnyk is co-editor of five books, and is an elected fellow of the National Academy of Medicine, the American Academy of Nursing, the National Academies of Practice, and the American Association of Nurse Practitioners. She served a four-year term on the 16-member United States Preventive Services Task Force. Dr. Melnyk currently serves as editor of the journal, *Worldviews on Evidence-based Nursing*, and is a board member of U.S. Healthiest, the National Guideline Clearinghouse and the National Quality Measures Clearinghouse (NGC/NQMC). Dr. Melnyk founded the National Interprofessional Education and Practice Collaborative to advance the Department of Health and Human Services' Million Hearts® initiative to prevent one million heart attacks and strokes by 2017. She also created and chaired the first three National Summits on Building Healthy Academic Communities and founded the National Consortium for Building Healthy Academic Communities, a national organization to improve population health in the nation's institutions of higher learning, for which she serves as its first president.



Daniel Clinchot, M.D. is vice dean for Education in the College of Medicine, associate vice president for Health Sciences Education, chair of the Department of Biomedical Education and Anatomy and professor of Physical Medicine and Rehabilitation, at the Ohio State University. In these roles, he oversees undergraduate and graduate medical education, continuing medical education and graduate and research education as well as educational programs in the school of Health and Rehabilitation Sciences, educational centers and offices, including Diversity and Inclusion, Medical Education, Student Life, Curriculum and Scholarship, Geriatrics and Interprofessional Aging Studies, and the Clinical Skills Education and Assessment Center. He has published and lectured extensively on the subjects of traumatic brain, spinal cord injury and medical education. Dr. Clinchot has been a reviewer for numerous peer-reviewed journals and currently serves as an associate editor of the *American Journal of Physical Medicine and Rehabilitation*. He has also been an invited speaker on the subject of medical education and innovation at professional conferences throughout the country. Dr. Clinchot earned his medical degree at The State University of New York and completed his residency training in Physical Medicine and Rehabilitation at The Ohio State University.



Simiao Li-Sauerwine M.D., M.S. completed her undergraduate studies at Pomona College in Claremont, California where she majored in Molecular Biology. She was recruited to the Clinical Scientist Training Program at the University of Pittsburgh School of Medicine where she earned a combined MD and Master of Science in Clinical Research as a Doris Duke Clinical Research Fellow. She completed her residency training in Emergency Medicine at Northwestern University McGaw Medical Center, where she was awarded multiple Outstanding Teacher Awards within the Feinberg School of Medicine. She currently serves as Assistant Professor and Assistant Residency Program Director at The Ohio State University and as Chief Academic Officer of the Academic Life in Emergency Medicine Wellness Think Tank. Her professional and scholarly interests include resident and physician wellness, implicit bias in medical education, and professional development.



Andrew Thomas, MD, is chief clinical officer (CCO) for The Ohio State University Wexner Medical Center. His role includes oversight of inpatient, outpatient and Emergency Department services at their five hospitals, outpatient clinics and specialized care facilities. Some of his key responsibilities include facilitating care between specialties and coordinating collaboration between departments; guiding organizational strategy and representing physicians around the business table; enforcing rules when necessary and mentoring students, residents and younger physicians. In addition, even after moving into an administrative role, he has always maintained his connection to patient care and still sees patients a couple times a week. It is a crucial part of not only his own personal job satisfaction, but his role as CCO. It is what keeps him focused on helping everyone at Ohio State deliver the best possible care and allows him to see the impact of organizational decisions.