



National Academy of Medicine

Action Collaborative on Clinician Well-Being and Resilience

CASE STUDY WEBINAR SERIES
The Ohio State University

Thursday, November 21, 2019
2:30-4:00 PM ET

Zoom link to join the webinar: <https://nasem.zoom.us/j/427728352>
Telephone-only option: US: +1-646-558-8656 or +1-669-900-6833
Webinar ID: 427-728-352

The NAM Action Collaborative on Clinician Well-Being and Resilience (Collaborative) is a network of more than 200 organizations committed to reversing trends in clinician burnout. The Collaborative has three goals:

1. Raise the visibility of clinician anxiety, burnout, depression, stress, and suicide
2. Improve baseline understanding of challenges to clinician well-being
3. Advance evidence-based, multidisciplinary solutions to improve patient care by caring for the caregiver.

In July 2019, the Collaborative released a case study series to highlight organizational initiatives across the country that have demonstrated success in supporting well-being and reducing burnout among practicing clinicians, trainees, and/or students. The case studies are intended to inform and inspire organizations facing similar challenges and seeking similar outcomes. To read the case studies, visit <https://nam.edu/clinicianwellbeing/case-studies/>.

This webinar will highlight The Ohio State University Clinician Well-Being case study. The objectives of the webinar are to:

- Hear directly from program developers and leadership at OSU about successful programs and policies that have reduced clinician burnout and improved clinician well-being.
- Share lessons learned, greatest challenges, and sustainability efforts of OSU's well-being programs and policies.
- Allow case study readers to ask questions of program developers and leadership to gain more insight into the programs and policies at OSU.

Agenda

2:30 pm Introduction to the NAM Action Collaborative on Clinician Well-Being and Resilience

Charlee Alexander, MPH, Director, Action Collaborative on Clinician Well-Being and Resilience, National Academy of Medicine

2:40 pm Introduction of Speakers and Webinar Agenda

Moderator: Bryant Adibe, MD, System Vice President and Chief Wellness Officer, Rush University System for Health

2:45 pm Presentations from Program Developers and Leadership

Sustaining an Evidence-Based Comprehensive Framework for Wellness from Leadership to the Grass Roots for Maximum ROI and VOI.

- **Bernadette Melnyk PhD, APRN-CNP, FAANP, FNAP, FAAN** Vice President for Health Promotion, University Chief Wellness Officer, and Dean of The Ohio State University College of Nursing

Student Wellness in UME: One Size Does Not Fit All

- **Daniel Clinchot, MD**, Vice Dean for Education at The Ohio State College of Medicine

OSU Emergency Medicine Residency's Wellness Endowment Promotes Multi-Faceted Approach to Trainee Wellness

- **Simiao Li-Sauerwine, MD**, Assistant Residency Program Director, Assistant Professor, Department of Emergency Medicine, The Ohio State University

Stress, Trauma, and Resilience at the Wexner Medical Center

- **Andrew Thomas, MD, MBA, FACP**, Chief Medical Officer, Wexner Medical Center

3:15 pm Moderated Discussion and Audience Question and Answer

Moderator: Bryant Adibe, MD, System Vice President and Chief Wellness Officer, Rush University System for Health

Format: 10 min of moderated discussion; 30 min of Q&A

3:55 pm Wrap Up and Closing Remarks

Mariana Zindel, Research Associate, National Academy of Medicine

4:00 pm Adjourn