



## Commitment Statement:

Health, Healing and Wholeness is dedicated to positive benefits for both mental health clients and mental health clinicians. Our therapeutic efforts provide valuable services that benefit the lives of clients, offering a holistic approach to total well-being.

Our clinicians and staff members are encouraged to maintain a state of harmony in their personal and professional lives. It is our belief that we, as clinicians, must be authentic in our own well-being and life satisfaction in order to exemplify the principles we teach. We can more effectively support the improvement of those we are treating by experiencing our own personal growth and progress. This encompasses healthy relationships, mental well-being, emotional intelligence and physical health.

The beneficial experience of clinicians and clients can be a reciprocal dynamic. Our founder, Cristine Price, M.S., CMHC, is committed to exploring treatment modalities and other variables, which impact clinician well-being positively. It has been found that some modalities offer a mutually beneficial experience in the therapy setting. In an era of multi-tasking and high efficiency, it is often desirable to accomplish more than one goal at a time. We are committed to identifying and measuring variables and modalities that provide positive results for clients as well as benefits for clinicians.

We are aligned with research conducted by Lynne McTaggart, exploring the power of consciousness as a mutually beneficial source of healing and well-being. McTaggart's scientific experiments have opened new possibilities and a simplified approach to providing solutions in both the lives of clients as well as practitioners.

It is our commitment to increase awareness of leading edge and evidence-based approaches with the intention of improving the lives of the mental health community. Please connect with us to support our efforts and so we may support yours.

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