



Pain Management Guidelines and Evidence Standards Working Group
Tapering Webinar

Webinar Participants

Chad Brummett, MD,
Associate Professor of Anesthesiology
Director of Clinical Research
Director, Division of Pain Research
University of Michigan Medical School

Dr. Brummett is an Associate Professor at the University of Michigan where he is the Director of Pain Research and more broadly the Director of Clinical Anesthesia Research. He has more than 125 publications, including articles in top journals such as JAMA, JAMA Surgery, Anesthesiology, and Annals of Surgery. He is the Co-Director of the Michigan Opioid Prescribing Engagement Network (Michigan OPEN), which aims to apply a preventative approach to the opioid epidemic in the US through appropriate prescribing after surgery, dentistry and emergency medicine. In addition, his research interests include predictors of acute and chronic post-surgical pain and failure to derive benefit for interventions for interventions and surgeries primarily performed to treat pain. In particular, Dr. Brummett is interested in the impact of a fibromyalgia-like or centralized pain phenotype on analgesic outcomes. He is the Co-PI of three major NIH grants (two NIH RO1s and a P50) studying these concepts, and also receives funding from the Michigan Department of Health and Human Services, SAMHSA and the CDC.

Roger Chou, MD (*Panel Moderator*)
Professor of Medicine
Division of General Internal Medicine and Geriatrics
Oregon Health and Science University

Roger Chou is a Professor in the Departments of Medicine, and Medical Informatics & Clinical Epidemiology at Oregon Health & Science University (OHSU) School of Medicine, and Staff Physician in the Internal Medicine Clinic at OHSU. He has served as Director of the Pacific Northwest Evidence-based Practice Center since 2012. Dr. Chou's research interests are systematic review methodology, meta-analysis, screening and preventive services, guideline development, and drug effectiveness. He has conducted systematic reviews in a number of areas, including chronic pain and musculoskeletal conditions, screening and prevention, diagnostic testing, and prognosis. He has served as Director of the American Pain Society clinical guidelines program, the GRADE methodologist for the World Health Organization's Division of Reproductive Health, is a member of the Cochrane Back Review Editorial Board, and co-chair of the National Quality Forum Musculoskeletal Standing Committee. Dr. Chou is on several journal editorial boards and is an author on numerous scientific articles published in peer-reviewed journals.

Anne L. Burns, BSPHarm, RPh
Vice President, Professional Affairs
American Pharmacists Association

Anne L. Burns is Vice President, Professional Affairs, at the American Pharmacists Association (APhA). She is responsible for the Association's strategic initiatives focused on advancing pharmacists' patient care services in team-based care delivery models, as well as payment for pharmacists' services, collaboration with other health care practitioner organizations, and health care quality. She leads the Association's practice initiatives on pain management and the opioid crisis, and also works on APhA's medication management, medication safety, Health IT, and credentialing and privileging programs. She has served on many medication management, quality, and prescription drug misuse and abuse advisory councils. She currently serves on the Board of Directors for the Pharmacy Quality Alliance (PQA), the National Advisory Board for the National Rx Drug Abuse and Heroin Summit, and the Commission for Credentialing in Pharmacy. Ms. Burns joined APhA in 1997. Prior to APhA, she served on the faculty at The Ohio State University (OSU) College of Pharmacy. She received her BS in pharmacy from OSU and completed the Wharton Executive Management Program for Pharmacy Leaders.

Erin E. Krebs, MD, MPH

Professor of Medicine

Minneapolis Veterans Affairs Health Care System

University of Minnesota Medical School

Erin E. Krebs is an internal medicine physician and health services researcher at the Minneapolis Veterans Affairs (VA) Center for Care Delivery and Outcomes Research and University of Minnesota Medical School. Her research addresses clinical questions related to chronic pain and opioid analgesics, informed by her practice as a primary care physician. She was principal investigator of the landmark Strategies for Prescribing Analgesics Comparative Effectiveness (SPACE) trial that compared long-term pain, function, and quality of life outcomes of opioid therapy versus non-opioid medication therapy for chronic back or osteoarthritis pain. Her current research focuses on opioid tapering outcomes and care of patients prescribed long-term opioid therapy for chronic pain. Dr. Krebs completed medical school and internal medicine residency at the University of Minnesota and received her MPH from the University of North Carolina, where she was a Robert Wood Johnson (RWJ) Foundation Clinical Scholar.

Anna Lembke, MD

Associate Professor of Psychiatry and Behavioral Sciences (general Psychiatry and Psychology-Adult), and by courtesy, of Anesthesiology, Perioperative and Pain Medicine

Stanford University Medical Center

Dr. Anna Lembke received her undergraduate degree in Humanities from Yale University and her medical degree from Stanford University. She is currently Associate Professor and Medical Director of Addiction Medicine, Stanford University School of Medicine. She is also Program Director of the Stanford Addiction Medicine Fellowship, and Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic. She is a diplomate of the American Board of Psychiatry and Neurology, and a diplomate of the American Board of Addiction Medicine. She has published numerous peer-reviewed articles, chapters, and commentaries, including in the New England Journal of Medicine, the Journal of the American Medical Association, the Journal of General Internal Medicine, and Addiction. She is the author of a bestselling book on the prescription drug epidemic: "Drug Dealer, MD: How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop" (Johns Hopkins University Press, October 2016). Dr. Lembke sees patients, teaches, and does research. She takes a holistic, harm-reduction approach to each patient, and encourages spiritual and alternative therapies in the process of healing.

Kate Nicholson, JD

**Co-Chair, Chronic Pain/Opioids Task Force for the National Centers on Independent Living
Civil Rights Attorney, formerly with the US Department of Justice**

Kate Nicholson, JD, is a health policy and civil rights attorney and a nationally-recognized expert on the Americans with Disabilities Act (ADA). She served in the U.S. Department of Justice's civil rights division for 20 years, where she litigated and managed cases nationwide, coordinated federal disability policy and drafted the current ADA regulations. Kate currently advocates for the treatment of pain and addiction and addressing the overdose crisis. She developed intractable pain after a surgical mishap left her unable to sit or stand and severely limited in walking for more than a decade. She gave the TEDx talk, What We Lose When We Undertreat Pain, and speaks widely at universities and conferences and to physicians groups. She has published pieces in The Washington Post, the LA Times, The Chicago Tribune, the Miami Herald, the Hill, and STATnews, among others, and is writing a book. She has appeared on public radio, Stand Up with Pete Dominick, and The Roy Green Show, and has given interviews to Fox News, Vice, and others. Kate is Co-Chair of the Chronic Pain/Opioid Task Force for the National Council on Independent Living. She regularly collaborates with drug policy, civil rights, disability rights and pain awareness organizations. She is also a 2019-20 Mayday Pain & Society Fellow.