



Academy of Integrative Health & Medicine  
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Academy of Integrative Health & Medicine

## Commitment Statement on Countering the U.S. Opioid Epidemic

The Academy of Integrative Health & Medicine (AIHM) is an interprofessional membership association of health professionals that provides transformational educational programs in integrative health, such as the AIHM Fellowship and Annual Conference. AIHM represents a diverse global community with local chapters and student alliances working together to shape the future of health care to serve the whole person - body, mind, spirit - and beyond to include community and planet.

The AIHM community of clinicians includes health providers on the front lines of the opioid crisis. From emergency medicine doctors working in the ER to chiropractors in private practice, to holistic nurses – our providers see first-hand the effects of this crisis before us. The AIHM’s community expertise in integrative health and integrative health solutions to pain make us well suited to provide expert knowledge in integrative solutions to opioids. AIHM has been involved with and supportive of a variety of education and policy initiatives on integrative solutions to the opioid crisis in collaboration with organizations like the Academic Collaborative of Integrative Health (ACIH), Integrative Healthcare Policy Consortium (IHPC), Integrative Medicine for the Underserved (IM4US) and the Integrative Pain Congress.

AIHM is committed to continuing to work with sister organizations, as well as working with NAM to ensure non-pharmacological solutions to pain management be included in a plan to reverse the opioid crisis in the USA.

AIHM will align our major focus areas: education, research, advocacy and community building – to finding solutions to the opioid crisis by committing to the following:

- Providing educational content in non-pharmacological approaches to pain management at our 2019 Annual *People Planet Purpose* Conference by having an integrative health pain track dedicated to this topic.
- Highlighting research in integrative pain management at our annual conference.
- Developing an integrative pain special interest group of health professionals that can be a resource for NAM and others.
- Incorporating education in comprehensive integrative pain management (CIPM) into our current educational offerings such as the AIHM Fellowship.
- Working collaboratively with other organizations to develop guidelines in comprehensive integrative approaches to pain management.

