THE POWER OF PARTNERSHIP
NFP ADDRESSING SOCIAL DETERMINANTS OF HEALTH
This presentation will introduce key components of the Nurse-Family Partnership program and discuss social determinants of health within the context of the Nurse-Family Partnership model nationally and in Philadelphia.
Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children.
1977
Elmira, NY
400
Low-income whites
Semi-rural area

1990
Memphis, TN
1,138
Low-income blacks
Urban area

1994
Denver, CO
735
Large proportion of Hispanics
Nurses and paraprofessionals
TRIAL OUTCOMES

48% reduction in child abuse and neglect
56% reduction in ER visits for accidents and poisonings
50% reduction in language delays of child age 21 months
67% less behavioral/intellectual problems at age 6
79% reduction in preterm delivery for women who smoke
32% fewer subsequent pregnancies
82% increase in months employed

The following outcomes have been observed among participants in at least one of the trials of the program:
Every dollar invested in PA NFP can yield up to $6.80 in return.
NFP Coverage

300,000+
FAMILIES SERVED
Since replication began in 1996

41
STATES
the U.S. Virgin Islands
and some Tribal communities

5X
$ RETURN
Every $1 invested in NFP saves
$5.70 in future costs for the
highest-risk families served
Specially-trained nurses PARTNER WITH Low income First time moms AND BEGIN Visiting moms starting in their 1st or 2nd trimester of pregnancy AND CONTINUE UNTIL The program ends when the child turns 2 years of age
Nursing Practice

Case Load 25+

60-90 Minute Visits

Flexible Frequency

Flexible Content

In-home or Telehealth

1 Nurse: 1 Mom
NFP Goals

1. Improve Pregnancy Outcomes

2. Improve Child Health and Development

3. Improve Economic Self-Sufficiency of the Family
Skills - Visits in NFP

Maternal Health

Environmental Health

Life Course Development

Child Health and Development

Relationship Health

Health & Human Services
NFP STAR (Strengths and Risks) Framework

**Economic Capacity – Employment and Education**
- Economic Adversity
- Maternal Education and Employment
- Criminal Justice/Legal Issues
- English Literacy Limitations

**Community and Social Context**
- Social Isolation
- Intimate Partner Violence
- Unsafe Family/Friends
- Use of Other Community Services

**Neighborhood and Physical Environment**
- Homelessness and Residential Instability
- Environmental Health
- Home Safety

**Health Care System**
- Pregnancy Planning
- Health Services Utilization
- Coordination of Care with Other Providers
Self-reported Challenges

1. Employment (Work/finding a job/work hours)
2. Housing
3. Relationship with Father of Child
4. School
5. Finances
6. Relationship with mother
Partnering with the Community and Other Disciplines to Address SDOH

- Mabel Morris Family Home Visit Program (MM)
- Nursing Legal Partnership (NLP)
- Lactation Counselors
- Community Advisory Council
4879 families served since 2001

- 90% Mothers Initiated Breastfeeding
- 96% Children received all Immunizations by 18 Months
- 40% of MM families are NFP Graduates
- 26% children served with a disability
- 400+ unduplicated clients received legal services (2016-2018)
- 82% of clients receiving legal services agree that services decrease their stress level
“The day in the life of a NFP Nurse is amazing! Our clients place their trust in us and we plant seeds for success. Many times it’s a bumpy road full of surprises and at times heartaches, but with their nurse they don’t have to go through it alone. Frequently we see wonderful accomplishments by the end of two years and at times we see it years later”.

-Noelia Blanco, NFP Nurse Home Visitor
A DAY IN THE LIFE OF A NFP NURSE
WE KNOW how to positively support and transform the lives of babies and mothers—family by family. Day in and day out.

Changing FAMILIES…
Changes COMMUNITIES…
Changes ZIP CODES…
Changes STATES…

CHANGES THE COUNTRY!

Nurses that do this work not only need a strong educational foundation, focused on addressing the complex social needs of individuals, they also need on-going emotional support and a competitive salary.
THANK YOU!

All are welcome to visit our site located at:
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For more information on the Philadelphia Nurse-Family Partnership:

- [https://www.nurseledcare.org/programs/philly-nfp](https://www.nurseledcare.org/programs/philly-nfp)

Shining A Spotlight on Pennsylvania’s Public Health Nurses


