SCAN Health Plan® is a not-for-profit health plan that offers Medicare Advantage (MA) plans and institutional, chronic care, and dual eligible special needs plans. SCAN has more than 200,000 members in California, making it the third largest not-for-profit Medicare Advantage Prescription Drug (MA-PD) plan in the country and the second largest in California. Since its founding and early days as a Social HMO, SCAN has specialized in providing comprehensive care, programs and support to the most vulnerable Medicare beneficiaries, including those who live with multiple chronic conditions, are eligible for nursing home care, and experience difficulty performing activities of daily living.

The SCAN mission is to keep seniors healthy and independent. As such, SCAN is committed to tackling the national opioid crisis. It has been reported that the Medicare population has the highest and fastest-growing rates of diagnosed opioid use disorder at more than six of every 1,000 beneficiaries. Nationally in 2016, one in three Medicare beneficiaries received an opioid—among SCAN members, that rate was one in eight.

Over the past several years, SCAN has proactively addressed the opioid crisis by implementing a five-pronged strategy:

1. Reduce the inappropriate supply of opioids by leveraging formulary and utilization management techniques to support safe prescribing.
2. Educate and provide actionable data to our providers to help change prescribing culture, a critical component in tackling the opioid epidemic.
3. Educate our members about the risks of opioid medications, safe use, alternatives, and providing support through a variety of communication channels, including but not limited to newsletters, TeleTalks, emails and one-on-one case management outreach.
4. Increase access to treatment that includes medication-assisted treatment (naloxone) and alternatives for pain management.
5. Raise awareness and work in partnership with other organizations. SCAN is a part of several coalitions that include plans, providers, pharmaceutical companies and government working toward similar goals.

This strategy has allowed us to improve member outcomes and ensure access to necessary treatment. Utilizing data analytics, we’ve targeted populations in highest need and monitored utilization trends and patterns to assess the impact of our efforts. Since 2014, we’ve seen:

- 38% decrease in members utilizing opioids
- 23% decrease in providers prescribing opioids
- 14% decrease in initial fills with more than seven days’ supply

We are committed to this strategy and will continue to adapt to the individual needs and circumstances of our members with the ultimate goal of providing better healthcare.

SCAN Health Plan fully supports the National Academy of Medicine’s Action Collaborative on Countering the U.S. Opioid Epidemic. We are excited to join in its efforts to put an end to this crisis.