

LIFEPOINT HEALTH®

LifePoint Health Commitment Statement

National Academy of Medicine Opioid Action Collaborative – April 2019

LifePoint Health® is committed to taking action to counter the opioid epidemic to support our mission of *Making Communities Healthier®*.

Opioid Stewardship Committee

In 2017, LifePoint Health established our Opioid Stewardship Committee (OSC). Each of the Action Collaborative's four focus areas are in scope for the OSC. This committee is a multidisciplinary team including leadership representation from departments such as quality, operations, compliance, risk management, legal, clinical informatics and service lines. The committee is co-chaired by a physician and pharmacist in order to foster a clinical and operations focus so the output of the committee translates into meaningful work that is accomplished at the bedside, in the ED, PACU, office setting or other clinical arena. A key principle found within our OSC charter is to reduce opioid prescribing and utilization when not medically necessary.

The scope of the committee has grown since 2017 and now includes a data governance subcommittee that helps guide deployment of our data analytics tools; collaboration with our LifePoint Patient Safety Organization as well as additional subcommittees; and work groups that have grown from the original scope of the OSC charter. The early focus of our efforts has been around variations in prescribing patterns. This work has included development of opioid dashboards that help provide insight into prescribing practices. We continue to develop our analytics tools and early attention has focused on Morphine Milligram Equivalents (MME) per prescription, MMEs per day and days' supply of opioids prescribed. Additionally we have developed, with input from our National Physician Advisory Board and additional physician guidance councils and our CMOs, health professional educational resources around opioid prescribing guidelines and evidence standards, alternatives to opioids (ALTOs) and mitigation strategies to curb opioid misuse as well as fatal overdose. In addition to working on addressing prescribing patterns, the OSC will begin to address treatment approaches for patients in our communities who experience Opioid Use Disorder (OUD) or opioid misuse.

Medication Drop Boxes in LifePoint Health Communities

Early work around this has included development of a medication drop box toolkit to remove unnecessary opioids from our communities, education around appropriate use and prescribing of naloxone and development of comprehensive patient health guides. In addition to developing analytics around opioid prescribing patterns, providing clinically actionable educational materials and creating the medication drop box toolkit, we will be working with our physician practice teams, behavioral health service lines and our community coalitions in various markets across the country to explore treatment modalities for our communities.

LIFEPOINT HEALTH®

LifePoint Health has a significant track record for success with clinical quality endeavors. Examples include our success with the Hospital Engagement Network from 2011-2017; recipient of the 2017 Eisenberg Award for Patient Safety at the Local Level; and recent selection as a National Quality Improvement and Innovation Contractor. We will continue to use our time and resources to make our communities healthier by addressing the opioid epidemic and look forward to participating in the National Academy of Medicine's Action Collaborative on Countering the U.S. Opioid Epidemic.