



## HCA Healthcare Commitment Statement

NAM Opioid Action Collaborative – February 2019

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### **HCA Healthcare Commitment Statement on Countering the U.S. Opioid Epidemic**

HCA Healthcare pledges support for the National Academy of Medicine’s (NAM) Action Collaborative on Countering the U.S. Opioid Epidemic. A partnership of more than 50 organizations representing government, health systems, academia and other healthcare leaders, the Collaborative is sharing knowledge, aligning initiatives and addressing challenges to combat the nation’s opioid crisis.

According to the Centers for Disease Control and Prevention, nearly 73,000 Americans died from drug overdoses in 2017, with more than half attributed to opioids. It is now estimated that more than 100 people die every day from opioid misuse.

NAM president, Dr. Victor Dzau, Assistant HHS Secretary Dr. Brett Giroir, Dr. Ruth Katz and HCA Healthcare’s president of clinical services and chief medical officer, Dr. Jonathan Perlin, serve as co-chairs for the Collaborative to combat over-prescription of opioids, improve provider education, and address under-treatment of opioid use disorders. Dr. Mike Schlosser, chief medical officer of HCA Healthcare’s national group and vice president of surgical services, serves on the “Opioid Prescribing Guidelines and Evidence Standards” committee, which is synthesizing evidence-based practices, establishing a clearinghouse for best practices and identifying gaps in research for safe treatment of opioid addiction.

With 185 hospitals and 1,800 sites of care, HCA Healthcare leverages its 32 million annual patient encounters to transform healthcare. Using the science of “big data” to drive evidence-based care, HCA Healthcare operates as a “Learning Health System,” where past care continuously informs and improves care. HCA Healthcare is using this learning model to reduce opioid misuse and transform pain management, with initiatives in surgical, emergency and other care settings.

#### **Surgical – Enhanced Surgical Recovery**

Enhanced Surgical Recovery (ESR) is a multi-modal approach to pain management using pre, intra and post-operative interventions to optimize outcomes. HCA Healthcare’s ESR programs have demonstrated significant improvements in surgical recovery and patient satisfaction and, importantly, up to a 50% reduction in the need for opioids.

#### **Emergency Department – Alternative to Opioids**

HCA Healthcare’s Alternative to Opioids (ALTO) program is a multi-modal approach to pain control, promoting non-opioid treatment as first-line therapy and patient education about opioid addiction. Initial results of ALTO pilot programs demonstrate significant reductions in opioid administration.

## **Goal Directed Pain Management in Medical and Surgical Patients**

Goal Directed Pain Management (GDPM) is designed to increase patient participation in pain management and recovery. GDPM uses multi-modal, evidence-based treatment to control pain and limit opioids, allowing patients to comfortably progress through expedited recovery.

## **“Crush the Crisis” Take-Back Events**

HCA Healthcare has partnered with law enforcement agencies to host “Crush the Crisis” prescription opioid take-back events at hospitals around the country. These events are successful in educating communities on opioid misuse and proper disposal, and in collecting hundreds of pounds of opioids.

HCA Healthcare is dedicated to partnering with NAM and provided \$500,000 to the Collaborative to support development of safer pain management protocols and reversal of the opioid crisis. This work is an extension of HCA Healthcare’s mission commitment to “the care and improvement of human life.”