



Bringing physicians together for a healthier Ohio

Ohio State Medical Association Commitment to Physician Well-being

As the oldest and largest physician-led organization in the State of Ohio, the Ohio State Medical Association (OSMA) pledges its commitment to physician health and well-being. Our mission of bringing physicians together for a healthier Ohio is only achievable when we care for the health and wellness of our practitioners across the state.

The OSMA has identified the importance of Physician Well-Being as one of the pillars in our strategic plan through the following ways:

Advocating for the sanctity of the physician-patient relationship

- The OSMA is dedicated to addressing the root causes of physician burnout by advocating for legislation that decreases administrative burden and supports the physician-patient relationship
- Identifying workplace environment problems within systems, processes, and practice that can lead to physician burnout and advocate for changes to promote a culture of wellness which increases patient safety and quality
- Physician Leadership training
- Partner and collaborate with State leaders on this issue

Recognizing shared responsibility from healthcare employers and organizations

- The OSMA will work with hospitals, health systems and physician practices to understand and assume shared responsibility for physician burnout.
- Identify and share best-in-class programs for promoting and sustaining physician well-being

Building community among physicians through OSMA programming and benefits

- Annual Meeting and District Meetings
- Education Symposium
- Networking meetings
- Assisting independent practitioners navigate the business of medicine

Promoting individual self-care and resilience

- Identifying Resources available to physicians for self-care and resilience
- Working with the Ohio State Medical Board in reducing the stigma and fear of seeking mental health care
- Creating unique educational programming for the individual physician
- Promote professionalism

Working with residents and medical students

- Identify best practices and resources of promoting wellness within the medical schools and residency programs in Ohio
- Inclusion of residents and medical students in this strategic initiative to prepare and nurture wellness in the State's future practitioners