



## American Academy of PAs Statement on the Commitment to Clinician Well-Being and Resilience

The American Academy of PAs (AAPA) is the national professional membership organization that advocates for all physician assistants (PAs) to improve PA practice and patient care. AAPA represents the interests of more than 131,000 PAs across all medical and surgical specialties in the United States.

AAPA supports the National Academy of Medicine's (NAM) Action Collaborative on Clinician Well-Being and Resilience.

AAPA is concerned with the growing incidence of burnout among clinicians in the U.S. Burnout impacts not just clinicians but also their colleagues, families, and friends. Clinician burnout can lead to leaving the healthcare workforce, which decreases access to care, may increase the overall cost of care, and can impact patient outcomes and patient safety. The strain on the U.S. healthcare system will continue to grow as the population ages, access to healthcare and insurance increases under the Affordable Care Act, and electronic health records continue to place administrative burdens on clinicians.

The PA profession is aligned with the principles of the Triple Aim to improve and optimize the U.S. healthcare system. It is a profession created to increase access to care, reduce the total cost of care, and improve the health of the population. AAPA supports the fourth aim "joy in work," which intends to address the increasing incidence of burnout among all clinicians.

AAPA supports the awareness of and education on burnout in all clinicians. In 2018, AAPA adopted the following policy:

*"HP-3900.1.4 AAPA supports and encourages awareness and recognition of professional burnout in all healthcare providers and education on the prevention of burnout. AAPA supports and encourages all healthcare providers to engage in a comprehensive multi-pronged strategy for prevention of professional burnout. [Adopted 2018]"*

Through ongoing endeavors across the organization, AAPA will continue its program of conducting research on the issue of burnout as well as educating PAs on the importance of clinician well-being and resilience.

AAPA is committed to team-based care. PA contributions to team-based care may help promote work-related well-being among all healthcare providers.

Visit [www.aapa.org](http://www.aapa.org) to learn more.