



MedStar Health Organizational Commitment to the National Academy of Medicine

Action Collaborative on Clinician Well-Being and Resilience

MedStar Health, the MedStar Health Research Institute, MedStar Institute for Innovation, the National Institute for Human Factors in Healthcare, the MedStar Health Institute for Quality and Safety, and our 10 hospitals and various points of care are all fundamentally invested in our providers' well-being. We remain committed to providing a system-wide, evidence-based approach to well-being that includes burnout benchmarking and measurement, physician, associate, and public education, as well as well-being research and interventions. We strive to facilitate physical and emotional wellness across the system and to contribute to improvements in our understanding of provider well-being across the medical profession.

With its vast geographic footprint, diversity of GME programs, and collaborative endeavors between the physician well-being, quality and safety, and human factors working groups, MedStar Health is uniquely positioned to advance the understanding of burnout drivers, associations and consequences.

Therefore, MedStar Health is committed to the research of the relationship between provider burnout and:

- EHR utilization patterns and usability
- Medical errors and quality and safety
- Patient experience and satisfaction
- Economic implications
- Physician health

Furthermore, MedStar remains deeply invested in improving its providers' well-being through:

- System-wide collection of data that tracks physician well-being and assesses the impact of well-being intervention across those metrics
- Evaluation of the effectiveness of existing wellness programs to include stated goals, metrics and outcomes
- Identification of new opportunities and resources required to maximize physician well-being growth and development of quality programs for all physicians, faculty, and trainees
- Integration of well-being efforts into other existing initiatives such as clinical informatics, workplace resources (food/dietary, support services), quality and safety, etc.

In aligning with our core mission "To serve our patients, those who care for them, and our communities", we strive to combat burnout and cultivate a community of engagement and sense of professional fulfillment among physicians across all entities within MedStar.