

GNYHA Statement on Commitment to Clinician Well-Being and Resilience

Greater New York Hospital Association (GNYHA) and its 160 hospital and health system members located in New York, New Jersey, Connecticut and Rhode Island are deeply committed to investing in the safety, health, and wellness of their workforce. Recognizing people as its most valuable asset, hospitals and health systems are increasingly undertaking efforts to improve their employees' health and wellness, including addressing issues related to burnout.

Over the last several years, GNYHA has made strides in creating a shared understanding of this multifaceted issue, educating members on the prevalence of burnout, contributing factors, and impacts. Through educational programming, trainings and member updates, GNYHA initiatives connect the work taking place within the membership to critically important initiatives happening at the regional and national level such as the National Academy of Medicine's Action Collaborative on Clinician Well-Being and Resilience and the Medical Society of the State of New York's Taskforce on Clinician Burnout.

GNYHA's educational offerings have promoted individual-based compassionate care practices, as well as organizational-level practices and interventions designed to decrease job-related burdens, and increase joy, connectivity and self-care capabilities. Emphasis has also been placed on the training years for physicians and the importance of exposing physicians at the early, formative stages of their professional development to these concepts. GNYHA is also committed to policy and regulatory reforms aimed to decrease clinician burden through the streamlining of documentation requirements and continues to advocate in support of these efforts.

GNYHA is exploring all of the major contributors to burnout and developing ways to support members in addressing this phenomenon leveraging both national and local resources and innovations.

About GNYHA

The Greater New York Hospital Association (GNYHA) is a dynamic, constantly evolving center for health care advocacy and expertise. GNYHA's core mission – helping hospitals deliver the finest patient care in the most cost-effective way – never changes. GNYHA's advocacy takes many forms, from fighting for our members' interests in Washington and Albany to working alongside them to improve patient safety and quality. Every day, GNYHA works to ensure that our member hospitals have the tools to succeed.