



# National Academy of Medicine

## Action Collaborative on Clinician Well-Being and Resilience

### Redesigning the Clinical Learning Environment Meeting #5

May 28-29, 2019

Accreditation Council for Graduate Medical Education  
401 North Michigan Avenue | Chicago, IL

#### The objectives of this meeting are to:

- Explore what we value as health care professionals and how to change culture by focusing on human connection along with productivity and efficiency to do the best for our patients and ourselves
- Consider the clinical learning environment as an ecosystem that includes inter-professional health students, trainees, and practitioners across disciplines and specialties
- Elevate areas of agreement around redefining well-being, identity formation, and professionalism as clinicians embracing team-based care with a culture of respect
- Highlight drivers of challenges to clinician well-being in the clinical learning environment and propose systems-level solutions for improving well-being including leadership approaches
- Emphasize the tension and linkage between the learning and working environment
- Use an appreciative inquiry philosophy to create environments and cultures that nurture discussions throughout the developmental journey of a clinician and across clinical professions
- Elevate the areas that bring clinicians' joy, pleasure, and meaning in the professional and learning environments

#### How to find your table assignment

Color of sticker corresponds with table discussion number	
Number in sticker corresponds with table number	
Table Discussion 1	Red Dot (10:45-11:50am)
Table Discussion 2	Green Dot (1:20-2:30pm)
Table Discussion 3	Yellow Dot (3:25-4:35pm)

Tuesday, May 28

Open Session (*Boardroom ABC*)

6:00-8:00 pm

Storytelling

*Objective: Elevate personal stories related to well-being from clinicians across professions and disciplines.*

*Format: Moth-style*

**Moderator:**

**Shalizeh "Shelly" Patel**



@theNAMedicine

#clinicianwellbeing

NAM.edu/CW

Associate Professor of Restorative Dentistry and Director of Clinical Simulation, University of Texas School of Dentistry

**Storytellers:**

**Kofi Andoh**

Student, Notre Dame of Maryland University School of Pharmacy

**Adeena Arain**

Student, University of Texas School of Dentistry

**Michael Colston**

Director, Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, Department of Defense

**Amy Hildreth**

Associate Professor, Department of Surgery, Program Director, General Surgery Residency, Wake Forest School of Medicine

**Beverly Malone**

Chief Executive Officer, National League for Nursing

**Wednesday, May 29**

**Open Session (Boardroom ABC)**

**7:00-8:00am Registration and light breakfast**

**Session 1 – Keynote Presentations and Discussion**

**8:00am – 11:50am**

**8:00-8:20am Welcome remarks**

*Objective: Highlight the importance of the clinical learning environment and professional identity formation.*

**Thomas J. Nasca**

President and Chief Executive Officer, Accreditation Council for Graduate Medical Education

**8:20 - 9:20 am Keynote #1 – Changing the culture: Returning humanity to the healing professions**

*Objective: Discuss what we value as health care professionals and how to change culture by focusing on human connection along with productivity and efficiency to do the best for our patients and ourselves.*

**Moderator:**

**Thomas J. Nasca**

President and Chief Executive Officer, Accreditation Council for Graduate Medical Education

**Speaker:**

**Holly Humphrey**

President, Josiah Macy Jr. Foundation

**9:20 – 10:05 am Keynote #2 – Well-being through the clinical care continuum**

*Objective: Explore the link between the learning, clinical care, and practice environments and the importance of well-being.*



**Moderator:****Miguel Paniagua**

Medical Advisor, National Board of Medical Examiners; Adjunct Professor, Perelman School of Medicine, University of Pennsylvania

**Speaker:****Kevin Weiss**

Chief of Sponsoring Institutions and Clinical Learning Environment Officer, Accreditation Council for Graduate Medical Education

**10:05 – 10:15 am Appreciative Inquiry Approach****Jordyn Feingold**

Student, Icahn School of Medicine at Mount Sinai

**Timothy Brigham**

Chief of Staff and SVP – Education, Accreditation Council for Graduate Medical Education

**10:15 – 10:45 am Networking break****10:45 – 11:20 am Table Discussion 1: Clinician values in the clinical learning environment****Facilitator:****Jessica Fried**

Resident Physician, Hospital of the University of Pennsylvania

- What do health care professionals value in the clinician-patient relationship?
- How do we address these values in the clinical learning environment?
- How do these values evolve or change across the professional continuum?
- How can we elevate the positive values using a systems approach?

**11:20 – 11:50 am Report out from keynote table discussion**

Selected tables to choose spokes-person for the report out

**Facilitator:****Jessica Fried**

Resident Physician, Hospital of the University of Pennsylvania

**Session 2 – Personal Narrative and Discussion****11:50am - 2:30pm****11:50 – 12:20 pm Personal narrative - Across the career continuum**

*Objective: A junior and experienced clinician reflect on how the learning environment has shaped their identity and where they see opportunities to make changes to create positive identity formation.*

**Moderator:****Harleen Marwah**

Student, The George Washington University School of Medicine and Health Sciences

**Speakers:****Connie Barden**

Chief Clinical Officer, American Association of Critical-Care Nurses



**Alexandra Maye**

Staff Nurse, Hackensack Meridian Health JFK Medical Center Emergency Department and Cardiac Observation, Founder, HeyAmazezing.com

**12:20 – 1:20pm Lunch**

**1:20 – 2:00pm Table Discussion 2: Identity formation in the clinical learning environment**

**Moderator:****Harleen Marwah**

Student, The George Washington University School of Medicine and Health Sciences

- What elements of the clinical learning environment support positive identity formation, clinician and patient well-being, and a positive culture?
- How, if at all, do these elements differ across the professional continuum, thinking about the unique challenges/barriers faced at various career stages.
- How can we elevate these positive aspects using a systems approach? And translate them to the working environment?

**2:00 – 2:30pm Report out from personal narrative table discussion**

Selected tables to choose spokes-person for the report out

**Facilitator:****Harleen Marwah**

Student, The George Washington University School of Medicine and Health Sciences

**Session 3 – Leadership Narrative and Discussion**

**2:30pm - 4:35pm**

**2:30 – 3:00pm Leadership narrative**

*Objective: An experienced leader reflects on their journey in health care by highlighting the impact of the learning environment on clinician well-being, describing aspects of leadership in training that foster success and well-being in the practice environment, and exploring how internal partnerships can positively affect the learning and working environment.*

**Moderator:****Edith Mitchell**

Clinical Professor, Department of Medicine and Medical Oncology at Sidney Kimmel Medical College, Thomas Jefferson University

**Speaker:****Ron Paulus**

Strategic Advisor, HCA Healthcare; Former President and CEO, Mission Health

**3:00 – 3:25pm Networking break**

**3:25 – 4:05pm Table Discussion 3: Leadership and systems-change in the clinical learning environment**

**Facilitator:**

**Michael Maguire**

Resident Physician, Christiana Care

- What behaviors of leadership at all levels advance well-being in the clinical learning environment?
- How can we elevate these positive aspects using a systems approach?

**4:05 – 4:35pm Report out from leadership narrative table discussion**

Selected tables to choose spokes-person for the report out

**Facilitator:**

**Michael Maguire**

Resident Physician, Christiana Care

**Session 4 – Reflections and Closing Remarks 4:35pm - 5:30pm**

**4:35 – 5:20pm Reflections for end of day**

*Objective: Facilitate a conversation among participants about key themes from the discussion and identify the aspects that participants will carry forward in their work.*

**Moderator:**

**Steve Singer**

Vice President, Education and Outreach, Accreditation Council for Continuing Medical Education

**Participants write commitments to themselves**

**5:20 – 5:30 pm Closing Remarks**

**Timothy Brigham**

Chief of Staff and Senior Vice President of Education, Accreditation Council for Graduate Medical Education

**5:30 pm Adjourn**

