



# National Academy of Medicine

## Action Collaborative on Clinician Well-Being and Resilience

Establishing Clinician Well-Being as a National Priority  
Public Meeting 2  
May 2, 2018

National Academy of Sciences Building  
2101 Constitution Avenue, NW  
Washington, DC 20418

**The objectives of this public meeting are to:**

- Examine the effects of loneliness on clinician well-being and explore strategies to enhance human connection and a sense of community in the work place.
- Investigate how individuals and organizations can use art and the humanities to express personal stories for healing and well-being; and hear selected presentations from artists who submitted works for the *Expressions of Clinician Well-Being* Art Show.
- Share updates from the 5 action collaborative working groups
- Explore the causes and effects of anxiety, burnout, and depression on sub-populations; and highlight personal narratives.
- Share promising solutions for fostering a diverse, inclusive, and connected environment that promotes the well-being of all populations.
- Consider models of work flow redesign to improve clinician well-being, enhance joy in practice, streamline documentation, and increase team-based care; and workshop how to implement these solutions locally.

Wednesday, May 2, 2018

Public Session

- 7:30-8:00am**      **Light breakfast** (*Great Hall*)
- 8:00-8:20am**      **Introductory remarks and overview of the collaborative** (*Fred Kavli Auditorium*)
- **Victor J. Dzau**, President, National Academy of Medicine and chair, Action Collaborative on Clinician Well-Being and Resilience
  - **Charlee Alexander**, Director, Action Collaborative on Clinician Well-Being and Resilience
- 8:20-9:20am**      **Keynote Session: Work and the Loneliness Epidemic** (*Auditorium*)  
*Objective: Examine the effects of loneliness on clinician well-being and explore strategies to enhance human connection and a sense of community in the work place.*
- In conversation:**
- **Marissa King**, Professor of Organizational Behavior, Yale School of Management
  - **Darrell G. Kirch**, CEO, AAMC and co-chair, Action Collaborative on Clinician Well-Being and Resilience
  - **VADM Vivek H. Murthy**, 19<sup>th</sup> Surgeon General of the United States

**9:20-10:00am**

**Using art for expression, healing, and well-being (Auditorium)**

*Objective: Investigate how individuals and organizations can use art and the humanities to express personal stories for healing and well-being; and hear selected presentations from artists who submitted works for the Expressions of Clinician Well-Being Art Show.*

**Moderator: Annie Levy**, Creative Director, Made Visible Foundation

**Presenters:**

- **Jeremy Nobel**, Founder and President, The Foundation for Art and Healing; Founder, UnLonely Project; Faculty, Harvard Medical School
- **Anacristina Chapa**, Dental student, the University of Texas School of Dentistry at Houston - artwork titled *What Keeps Me Going*
- **Cleavon Gilman**, Emergency Medicine Physician, New York Presbyterian Hospital - artwork titled *Rise Up Now*
- **Cheryl O'Malley**, Interim Vice Dean, Academic Affairs and Program Director, Internal Medicine Residency Program; University of Arizona College of Medicine-Phoenix - artwork titled *Hearts in Medicine*

**10:00-10:30am**

**Networking Break; Poll Everywhere (Great Hall)**

**10:30-11:30am**

**Working group updates and Q&A (Auditorium)**

*Objective: Share updates from the 5 action collaborative working groups*

**Moderator: Thomas J. Nasca**, President and CEO, ACGME and co-chair, Action Collaborative on Clinician Well-Being and Resilience

**Presenters:**

- **Steven Bird**, President-Elect, Society for Academic Emergency Medicine
- **Neil Busis**, Member, Board of Directors, American Academy of Neurology
- **Pamela Cipriano**, President, American Nurses Association
- **Robert Harbaugh**, Past-President, Society of Neurological Surgeons
- **Art Hengerer**, Chair, Federation of State Medical Boards
- **Sandeep Kishore**, Associate Director, Arnhold Institute for Global Health, Icahn School of Medicine at Mount Sinai
- **Clifton Knight**, Senior Vice President, Education, American Academy of Family Physicians
- **Lois Margaret Nora**, Past-President and CEO, American Board of Medical Specialties
- **Daisy Smith**, Vice President, American College of Physicians

**11:30am-12:30pm**

**Diversity and inclusion: Research (Auditorium)**

*Objective: Explore the causes and effects of anxiety, burnout, and depression on sub-populations; and highlight personal narratives.*

**Moderator: G. Rumay Alexander**, Associate Vice Chancellor/Chief Diversity Officer, University of North Carolina at Chapel Hill; President, National League for Nursing

**Speakers:**

- **Kevin Mitchell**, Assistant Professor of Medicine and Pediatrics, Vanderbilt University Medical Center
- **Javeed Sukhera**, Assistant Professor of Psychiatry and Pediatrics at the Schulich School of Medicine and Dentistry at Western University
- **Kimberly Templeton**, Past President, The American Medical Women's Association; Professor of Orthopedic Surgery, University of Kansas School of Medicine

**12:30-1:30pm**

**Networking lunch; Poll Everywhere** (*Great Hall, East Court, and Lecture Room*)

**1:30-2:30pm**

**Creating a diverse and inclusive environment** (*Auditorium*)

*Objective: Share promising solutions for fostering a diverse, inclusive, and connected environment that promotes the well-being of all populations.*

**Moderator: David Acosta**, Chief Diversity and Inclusion Officer, AAMC

**Speakers:**

- **April Bigelow**, Clinical Associate Professor, University of Michigan
- **Lenora Billings-Harris**, Diversity Strategist, Ubuntu Global
- **Sonya G. Smith**, Senior Vice President for Access, Diversity and Inclusion, American Dental Education Association

**2:30-2:45pm**

**Transition break**

**2:45-4:15pm**

**Redesigning work flow to improve clinician well-being** (*Auditorium*)

*Objective: Consider models of work flow redesign to improve clinician well-being, enhance joy in practice, streamline documentation, and increase team-based care; and workshop how to implement these solutions locally.*

**Moderator: Jane Englebright**, Senior Vice President Clinical Compliance & Chief Nurse Executive, HCA Clinical Services Group

**Speakers:**

- **Jay Bhatt**, Senior Vice President, American Hospital Association and Chief Medical Officer and President, Health Research and Educational Trust (HRET)
- **Andrea Borondy Kitts**, Lung Cancer and Patient Advocate, Consultant, Patient Outreach & Research Specialist, Lahey Hospital & Medical Center
- **Susan Corbridge**, Associate Dean for Practice, College of Nursing; Nurse Practitioner, Division of Pulmonary, Critical Care, Sleep & Allergy Medicine, the University of Illinois at Chicago
- **Laura Nevill**, Chief Nursing Information Officer Consultant, Erlanger Health System
- **Rahul Sharma**, Emergency Physician-in-Chief, New York Presbyterian-Weill Cornell Medicine

- **Rebecca Shunk**, Physician Co-Director, Center of Excellence in Primary Care Education, Associate Chief of Staff for Education at the San Francisco VA Medical Center and Professor of Clinical Medicine, University of California San Francisco (UCSF) School of Medicine

4:15-4:30pm

Transition break

4:30-5:15pm

**Breakout session: Redesigning work flow to improve clinician well-being**

- Option 1: Primary care setting and patient perspective (*Auditorium*)
  - **Andrea Borondy Kitts**, Lung Cancer and Patient Advocate, Consultant, Patient Outreach & Research Specialist, Lahey Hospital & Medical Center
  - **Rebecca Shunk**, Physician Co-Director, Center of Excellence in Primary Care Education, Associate Chief of Staff for Education at the San Francisco VA Medical Center and Professor of Clinical Medicine, University of California San Francisco (UCSF) School of Medicine
- Option 2: Hospital setting and administrator perspective (*NAS 120*)
  - **Jay Bhatt**, Senior Vice President, American Hospital Association and Chief Medical Officer and President, Health Research and Educational Trust (HRET)
  - **Jane Englebright**, Senior Vice President Clinical Compliance & Chief Nurse Executive, HCA Clinical Services Group
  - **Laura Nevill**, Chief Nursing Information Officer Consultant, Erlanger Health System
- Option 3: Specialty outpatient setting and emergency medicine site (*NAS Members' Room*)
  - **Susan Corbridge**, Associate Dean for Practice, College of Nursing; Nurse Practitioner, Division of Pulmonary, Critical Care, Sleep & Allergy Medicine, the University of Illinois at Chicago
  - **Rahul Sharma**, Emergency Physician-in-Chief, New York Presbyterian-Weill Cornell Medicine

5:15pm

Adjourn

Wednesday, May 2, 2018

Public Session

5:15-6:30pm

***Expressions of Clinician Well-Being Art Show and reception (West Court and Great Hall)***

*Objective: The NAM called on artists of all skills and abilities to explore what clinician burnout, clinician well-being, and clinician resilience looks, feels and sounds like to people across the country. We invite participants to engage with a small selection of the submissions over light hors d'oeuvres.*

**Guest Performer: Anthony Hyatt, Moving Beauty**