

# WellStar Health System

## Provider Resiliency & Leadership Development

### **Our Commitment**

WellStar Health System is actively pursuing strategies to ensure our physicians and caregivers have the tools for a successful work-life balance. In fact, we have expanded the Triple Aim (high quality, improved access, and affordability) to include “Caregiver Wellness” for a WellStar Quadruple Aim. It has been proven that patient outcomes improve when caregivers are engaged in and invigorated by their work. To help us exceed the expectations of our patients and consumers, we are partnering with our physicians and caregivers to improve their wellness and resiliency via the WellStar Physician Resiliency and Leadership Development Experience, and a WellStar Nursing Resiliency and Leadership Development Experience to launch in 2018.