



Nationwide Children’s Hospital is committed to achieving best outcomes in everything we do. We believe best outcomes for our patients and families are dependent upon the wellbeing of our faculty and trainees. Our values include balancing work and life demands while generating optimism and energy in one another.

Hospital Faculty and Staff

Wellbeing efforts at Nationwide Children’s Hospital include hospital-wide opportunities available to all faculty and staff. These include exercise classes, on-site gym facilities, healthful food choices, rotating local food trucks and restaurant pop-ups, mini-massage stations and on-site childcare. Confidential counseling services are available through Matrix.

The YouMatter Second Victim program provides support to faculty and trainees after especially challenging medical events, including unexpected adverse patient outcomes, medical errors and patient related injury. The Second Victim team is comprised of trained peer supporters. The program provides second victims a “safe zone” to express emotions and enhance coping. They also provide one-on-one peer support and help to normalize stress reactions.

Physician and Scientist Faculty

The Nationwide Children’s Hospital Center for Faculty Development supports professional development of all faculty members across all career stages. The Center fosters:

- Professional identity by helping faculty find their passion and purpose and supporting their professional development.
- Academic achievement through programming, mentorship and coaching designed to help faculty set meaningful goals and acquire skills.
- Culture of engagement to provide opportunities for networking and encourage work-life balance.



The Center for Faculty Development supports multiple faculty development and wellbeing. These include:

- A computer-based mentor-matching program to search and connect faculty members in mentoring relationships;
- Emotional intelligence, communication skills and resilience programs;
- Educator skill development, medical education research support and faculty learning communities;
- Quarterly book clubs with well-being and faculty development themes;
- Support for participation in national program groups thru the AAMC, including the Group on Faculty Affairs and the Group on Women and Science;
- Research on well-being and resilience in women in medicine;
- Partnerships with The Ohio State University and other regional institutions to create supportive working environments for faculty and trainees.

Resident Trainees

Wellness of trainees in residency is a priority for Nationwide Children's Hospital. The pediatric residency program measures burnout and facilitates resilience in our trainees. Our pediatric residency program is one of the six founding member programs of the Pediatric Resident Burnout – Resilience Study Consortium founded in 2015. With now over 50 participating pediatric and internal medicine/ pediatric residency programs, this national group works to identify causes of burnout. It also provides a platform to test and disseminate new programs to address burnout.