



Trinity Health Physician Wellness Commitment Statement

Trinity Health is a national Catholic health system with an enduring legacy and a steadfast mission to be a transforming and healing presence within the communities we serve. We are committed to being a people-centered health care system that enables better health, better care and lower costs. Our 93 hospitals and 122 continuing care facilities, home care agencies and outpatient centers serve patients in 22 states. Trinity Health has the largest number of residents in the country.

Trinity Health strives to be the Most Trusted Partner for Physicians. Through exceptional physician leadership, we collaborate with the communities we serve and our affiliated physicians and residents to ensure optimal health of the lives entrusted to us.

We believe provider burnout is a public health crisis and is therefore a quality indicator for all health systems. We are focused on achieving the quadruple aim through a strategy of compassion for ourselves and those we treat by building empathy and resilience while easing the regulatory and technology burdens of practice to nurture a culture of compassion. We are deeply committed to prevent burnout, promote resilience and address well-being issues across our health ministries by:

- Encouraging and supporting self-care
- Ensuring a culture where it is easy to practice in an environment that is respectful
- Providing opportunities for collaboration and development of relationships with colleagues
- Striving for a zero-suicide culture