

GW Nursing Wellness Statement

National Academy of Medicine (NAM) Prompt

Discuss and share plans of action to reverse clinician burnout and promote clinician well-being, the NAM is collecting statements describing organizational goals or commitments to action. [View Application](#)

Full Statement

The George Washington University School of Nursing acknowledges the challenges health care providers face in delivering high-quality patient care across clinical and community settings. The demands of a career in nursing can take a toll emotionally, physically and spiritually, which is why we seek to cultivate resilience and self-awareness in the face of adversity.

We are committed to educating nurses on how to deal with burnout, fatigue and other factors that cause them to leave the profession. By teaching specific coping strategies and mechanisms as part of our [Professional Well-Being Initiative](#), we aim to train a generation of nurses that can manage the stress and challenges of an ever-changing health care environment.