

**North Carolina Medical Society**  
**Commitment Statement on Clinician Well-Being**

The North Carolina Medical Society (NCMS) began in 1849 when 25 physicians united to advance medical science and to raise the standards for their profession. Today, we are more than 12,000 strong and champion the same goals and ideals while representing the interests of physicians and protecting the quality of patient care.

During our long legacy of service to physicians and their patients, our members, leadership and staff have worked to protect the sanctity of the physician-patient relationship. While our work in this area often focuses on public policy improvements and the business of clinical medicine, we also believe strongly that the well-being of the physician is an equally important variable of the equation. “Promote Physician Wellness” is a critical part of the NCMS Vision Statement: <http://www.ncmedsoc.org/about-ncms/>

The NCMS acknowledges that the health care system is changing rapidly and for some physicians this is at great personal cost — loss of job satisfaction, burnout, clinical depression and, the worst-case scenario, suicide. We share the National Academy of Medicine (NAM) commitment to provider wellness and resilience. The NCMS is helping our members rediscover the joy of practicing medicine and the beauty of reconnecting with patients. NCMS programmatic efforts focus on changing the culture around seeking help, education, and gathering and disseminating best practices.

The NCMS is a founding member organization of the NC Consortium of Physician Resilience and Retention (NCCPRR), an action-oriented work group comprised of organizations, health systems, practices and individuals sharing an interest in cultivating resilience and culture change.

Also, the NCMS has established the Mitchell D. Hardison Fund to support physician wellness programs. For more information about the NCMS commitment to physician wellness, visit our website: <http://www.ncmedsoc.org/physician-wellness/>