



Federation of State Physician Health Programs (FSPHP)

With the increase in burnout, and a haunting threat of physician shortages, it has never been more important for healthcare professionals to prioritize their own health and have options for support. Together, the burnout and stressors facing health professionals point to the importance of state PHPs to serve as confidential resources for licensed healthcare professionals.

PHPs coordinate effective detection, evaluation, treatment, and monitoring of physicians at risk for or experiencing stress, burnout, mental illness, substance use disorders, physical illness, and other potentially impairing conditions. FSPHP's highest priority is to continue to promote best practices, advocate for physician health, and share resources between its members.

History: FSPHP evolved from initiatives taken by the American Medical Association (AMA) and individual state PHPs, focusing upon rehabilitation and monitoring of physicians experiencing substance use disorders, mental illness, physical illness, and other potentially impairing conditions. The initial success of these efforts led to the creation of an independent organization that would carry out this mission in a consistent and objective fashion. Initiated by several states with advanced programs, it now has a membership of 47 state programs and international programs.

Mission: To support physician health programs in improving the health of medical professionals, thereby contributing to quality patient care.

Purpose: FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state physician health programs (PHPs), to develop common objectives and goals, to develop guidelines and standards, to enhance awareness of issues related to physician health and impairment, to provide advocacy for physicians and their health issues at local, state, and national levels, and to assist state PHPs in their quest to protect the public. By supporting state PHPs, FSPHP aims for a successful means of confidential and professional support of physicians and other licensed healthcare professionals experiencing stress, burnout, substance use disorders, mental illness, physical illness, and other potentially impairing conditions. that may adversely affect the physician's or other healthcare professional's ability to safely and effectively treat patients.

Vision: A society of highly effective PHPs advancing the health of the medical community and the patients they serve.

Guiding Values:

Membership: FSPHP is dedicated to enhancing the value of membership and upholding an environment of fellowship and networking.

Advocacy: FSPHP strengthens PHPs by promoting best practices and providing guidelines, advocacy, and other resources that enhance their effectiveness. FSPHP encourages partnership between physician health programs, regulatory boards and other appropriate components of organized medicine.

Collaboration: FSPHP fosters collaboration and engagement with other national and international medical organizations.

Equality: FSPHP opposes discrimination against physicians and the medical community solely based on the presence of a diagnosis and/or other discriminatory factors and supports the use of PHP services in lieu of disciplinary action whenever possible.

Education: FSPHP supports education and research designed to establish best practices for the prevention, treatment and monitoring of physicians experiencing substance use disorders, mental illness, physical illness, and other potentially impairing conditions.