

The Canadian Medical Association

Organizational Commitment Statement: Combating Clinician Burnout and Improving Clinician Well-Being

The Canadian Medical Association (CMA) recognizes that addressing issues related to physician health is a growing priority for the medical profession, and is important to the long-term sustainability of the physician workforce and health systems. In response, the CMA has released a new [Policy on Physician Health](#) (as well as a [Policy Background Document](#)) which outlines a series of broad, aspirational recommendations, including those targeting physician organizations, professional associations and health authorities, medical schools and residency training programs, accreditation bodies, medical regulatory authorities, governments, and researchers. The CMA is committed to advancing a model of shared responsibility that emphasizes solutions and outcomes at both individual and system levels, with particular emphasis on the latter. Furthermore, the CMA supports the inclusion of physician health as a core competency whereby physicians in Canada must demonstrate a commitment to not only managing influences on personal health and well-being, but also to promoting a professional culture that recognizes, supports, and responds effectively to colleagues in-need. Through policy, advocacy, and collaboration with stakeholders – among other initiatives – the CMA as a national organization embraces its role in helping promote a progressive vision of a healthy, vibrant and engaged physician workforce, including healthy practice and training environments.