

**American Society for Blood and Marrow Transplantation, National Marrow Donor Program/Be The Match, and Canadian Blood and Marrow Transplantation Group  
Statement on Commitment to Clinician Well-Being**

The American Society for Blood and Marrow Transplantation (ASBMT), National Marrow Donor Program (NMDP)/Be The Match, and Canadian Blood and Marrow Transplantation Group have long been committed to enhancing the quality of care for patients in need of a potentially life-saving blood or marrow transplant (BMT). BMT is a complex procedure that may be associated with morbidity and mortality, and thus a high level of sustained, quality care is a priority for transplant recipients.

Burnout adversely affects the well-being of providers and hence the quality of care provided. As BMT providers frequently care for very ill patients, moral distress that occurs when a provider is unable to provide care perceived to be best for a patient may also adversely affect BMT clinicians' well-being.

To understand the prevalence and drivers of both burnout and moral distress among members of the multi-disciplinary team of providers who care for BMT recipients, NMDP/Be The Match conducted a national survey of advanced practice providers, physicians, nurses, pharmacists and social workers. The prevalence of burnout differed by discipline, but overall was 40%. Providers with burnout were more likely to report inadequate work-life balance and a low level of career satisfaction. Moral distress also varied by discipline, but was a significant contributing factor to burnout for all disciplines. The manuscript detailing results of this study has been published in the journal of ASBMT, *Biology of Blood and Marrow Transplantation* ([http://www.bbmt.org/article/S1083-8791\(17\)30861-3/fulltext](http://www.bbmt.org/article/S1083-8791(17)30861-3/fulltext)). Presentations to share this information have been made at the BMT Tandem Meetings, national meetings of BMT advanced practice providers, nurses, the Hematology/Oncology Pharmacy Association, and the American Society of Hematology.

As the creation of healthy work environments is increasingly emphasized to improve quality care, our organizations are committed to use these findings to develop interventions that mitigate work-related distress. To successfully address burnout and moral distress, a multifaceted approach that incorporates actions of the individual provider, healthcare institutions, and support of professional organizations are needed. Our groups strive for innovation with the recognition that there is likely no single solution across disciplines. We look forward to active collaboration among organizations to further advance efforts to promote clinician well-being.