

American College of Occupational and Environmental Medicine Commitment Statement for

NAM Action Collaborative on Clinician Resilience and Well-being

ACOEM represents more than 4,200 physicians and other health care professionals who specialize in occupational and environmental medicine (OEM). ACOEM is the nation's largest medical society dedicated to promoting the health of workers through preventive medicine, clinical care, disability management, research, and education. See www.ACOEM.org

As an organization dedicated to the health and safety of workers, ACOEM is deeply committed to providing resources, education, research and leadership in advancing clinician resilience and well-being. For many years, the College has supported a section of its members focused on medical center occupational health. This group represents physicians throughout the United States who are employed by health systems to provide medical direction of employee health services and programs. The section has published and regularly updated guidelines about protecting and promoting the health of health care workers. See *Guidance for Occupational Health Services in Medical Centers* at http://www.acoem.org/uploadedFiles/Public_Affairs/Policies_And_Position_Statements/Guidelines/Guidelines/Medical%20Center%20OHS%20Guidance.pdf

Part of ACOEM's work includes exploring and sharing the information about drivers and solutions to burnout in countries across the globe through the International Occupational Medicine Society Collaborative, which ACOEM launched in partnership with United Kingdom's Society of Occupational Medicine. Since OEM specialists are least likely among all specialties to report burnout, other work involves identifying and sharing those aspects of our specialty that mitigate factors driving burnout among our practitioners.

As physicians responsible for the health, safety and well-being of clinicians (and other workers) in health systems, occupational medicine specialists not only provide health care to clinicians but are also well-positioned to take leadership roles in multidisciplinary strategies to identify, prevent and manage the emotional distress of physicians and nurses.