

Commitment Statement by the American Association of Nurse Practitioners to the NAM Action Collaborative on  
Clinician Well-Being and Resilience

The American Association of Nurse Practitioners is the largest national professional membership organization of nurse practitioners (NPs) of all specialties representing the interests of approximately 234,000 NPs around the country. As vital members of the healthcare workforce it is imperative that nurse practitioners engage in self care and awareness to prevent burn out and depression. AANP is committed to promote best practices and effective modalities to improve the health and well-being of clinicians leading to professional satisfaction and work vitality. The association has and will continue to commit to increase provider wellness and resilience in the following manner:

### Organization

- Promote awareness of the NAM Action Collaborative to our members on our website and through our electronic newsletters and bulletins.
- Share materials related to clinician well-being to our members through our internal communication channels.

### Member Outreach

- Provide continuing education to our members about Clinician Well-Being and Resilience through presentations at our conferences and in our Continuing Education (CE) Center.
- Members and non-members currently have access to a recorded webinar titled, [The Science of Joy & Burnout](#), in addition to an accredited, recorded conference session titled, *Workload, Quality, and Burnout: Improving the Lives of Patients and Providers through Interprofessional Practice*.

### Collaboration

- AANP and its partner, the National Nurse-Led Care Consortium (NNCC) are administering a Nurse Practitioner Support and Alignment Network (NP SAN) for the Transforming Clinical Practice Initiative (TCPi), a new program supported by the Center for Medicare and Medicaid Services. As part of the TCPi, the NP SAN is charged with developing educational materials that align with sustainable business operations that positively affect clinician well-being and resilience. In addition to the aforementioned CE opportunities, the NP SAN is providing its third clinician well-being focused webinar on April 11, 2018 on *Novice Nurse Practitioner Workforce Transition and Turnover Intention in a Primary Care Setting*.

AANP is dedicated to the National Academy of Medicine's Action Collaborative on Clinician Well-Being and Resilience. We look forward to working with other health care professionals to ensure wellness within our workforce.