

National Academy of Medicine: Action Collaborative on Clinician Well-Being and Resilience.

AAP-HI Chapter Commitment Statement

December 1, 2017

The Medical Home Task Force of the American Academy of Pediatrics, Hawaii Chapter has identified that our independent primary care community pediatricians are experiencing a high level of emotional burnout. Many are suffering from change fatigue and increasing administrative burden.

We are committed towards:

1. Monitoring primary care pediatric well-being and stress via the Maslach Burnout Inventory.
2. Examining and exploring ways that our physicians deal with conflict.
3. Exploring ways that mindfulness training may assist in building personal resilience.
4. Maintaining Communities of Practice to activate the sharing of knowledge and experience for professional and personal development.
5. Prompting and encouraging a culture of physician well-being amongst our health care institutions.
6. Looking for innovative ideas to enhance practice efficiencies.
7. Translating our findings into practical applications to encourage emotional skills building in our pediatric patients.

The American Academy of Pediatrics, Hawaii Chapter is a voluntary organization of over 200 members in private, group, military and academic practice as well as pediatricians in training and other non-pediatric physicians interested in Child Health issues.

Our mission is to attain optimal physical, mental and social health and well-being for infants, children, adolescents and young adults. We will accomplish this mission by addressing the needs of children, their families and their communities, and by supporting Chapter members through advocacy, education, research, service and improving the systems through which they deliver pediatric care.

[Aaphawaii.org](http://Aaphawaii.org)