The Alliance for Academic Internal Medicine (AAIM) empowers academic internal medicine professionals and enhances health care through professional development, research, and advocacy. Alliance members include department and division administrators, division chiefs, education administrators, residency and fellowship educators, student educators, and department chairs and other leaders. The Alliance represents departments of internal medicine at medical schools and teaching hospitals across the United States and Canada.

An Alliance core value is to embrace well-being and to support strategies promoting resilience. The Alliance strives to improve well-being and decrease burnout for faculty, staff, and learners in academic internal medicine. Examples of Alliance actions include:

- Offering educational programming and activities at AAIM conferences as well as online resources;
- Collecting data through regular survey and data collection efforts to provide insight into current practices, set benchmarks, and recommend policy changes to improve conditions in institutions;
- Supporting internal efforts such as the AAIM Collaborative Learning Community on Learning and Working Environment Optimization; and
- Participating in external groups that are leading efforts in well-being.