



The American College of  
Obstetricians and Gynecologists  
WOMEN'S HEALTH CARE PHYSICIANS

## **ACOG Statement of Commitment to Clinician Well-Being and Resilience**

The American College of Obstetricians and Gynecologists (ACOG) is committed to advancing the cause of physician wellness and is pleased to participate in collaborative efforts to address the high rates of professional burnout and to promote clinician resilience. As the premier organization for obstetrician-gynecologists and providers of women's health care, ACOG includes the following as an organization core value:

*Professionalism to our membership as manifested in high ethical standards, collegiality, communication, mentoring, leadership development, diversity and lifelong learning*

In 2015, an ACOG Presidential Initiative on Physician Wellness was established, noting the direct correlation between physician wellness and improving care to patients. As part of this initiative, ACOG conducted an all-member survey to assess members' impressions of what "wellness" meant to them. The survey consisted of 12 questions. Over 3,500 responses were received. High levels of dissatisfaction and burnout were attributed to challenges related to work-life balance, excess work hours and electronic medical records. Sixty-two percent of respondents indicated that physician wellness is a "priority for professional development and there should be structured wellness activities."

In 2016, as a result of this feedback, ACOG established a Subcommittee on Physician Wellness within the existing Committee on Patient Safety and Quality Improvement. The Subcommittee's chair is a member of the full committee and champions the final approval of documents and other work developed by the Subcommittee related to physician wellness. It is through these efforts that ACOG demonstrates its ongoing commitment to clinician well-being and resilience.

*The American College of Obstetricians and Gynecologists (The College), a 501(c)(3) organization, is the nation's leading group of physicians providing health care for women. As a private, voluntary, nonprofit membership organization of more than 58,000 members, The College strongly advocates for quality health care for women, maintains the highest standards of clinical practice and continuing education of its members, promotes patient education, and increases awareness among its members and the public of the changing issues facing women's health care. The American Congress of Obstetricians and Gynecologists (ACOG), a 501(c)(6) organization, is its companion organization. [www.acog.org](http://www.acog.org)*