



Commitment Statement by the American Association of Colleges of Nursing on Clinician Well-Being and Resilience

The American Association of Colleges of Nursing (AACN) is the voice for academic nursing, serving as the catalyst for excellence and innovation in nursing education, research, and practice. Representing 810 schools of nursing that include more than 497,000 students and over 45,000 faculty, AACN actively promotes best practices and exemplars related to student, faculty, and clinician wellness. To address clinician burnout and depression, the association has and will continue to commit to the following actions to increase provider wellness and resilience:

Member Outreach

- Via our extensive conference and webinar programming, AACN will raise awareness and share resources developed by our members. Examples include a recent webinar titled *Be Well, Teach Well, Learn Well: Wellness for Faculty and Students* featuring experts from West Texas A&M University. At our most recent Baccalaureate Education Conference, AACN had a featured session on *Resiliency: Skills for Personal and Professional Effectiveness*. AACN will continue this programming and expand our social media communications to amplify our reach.

Interprofessional Collaboration

- AACN is committed to working across professions to promote clinician well-being. AACN has been in conversations with the Accreditation Council for Graduate Medical Education to learn from their example and explore how to leverage resources in four key areas: Education, Influence, Research, and Collaboration. AACN is also participating with a working group convened by the Federation of Associations of Schools of the Health Professions to explore health and wellness issues among students, interns, and residents.

Member Expertise

- Over the last six months, AACN has been conducting feedback sessions with our membership to identify current engagement at schools of nursing in order to develop a strategy that will bolster their existing efforts. A small advisory group will convene in January 2018 to review the data and propose a plan of action.

AACN is dedicated to the National Academy of Medicine's Action Collaborative on Clinician Well-Being and Resilience. We look forward to working with our partners to ensure the health of the workforce is supported for the health of the nation.

THE VOICE OF ACADEMIC NURSING