

## **Aetna – Commitment Statement**

Aetna's organizational goals and commitments to reverse clinician burnout and promote clinician well-being address two areas:

- Leading the transformation of healthcare delivery
- Communicating about burnout as a health improvement activity

A combination of economic, regulatory and technology forces are changing the health care landscape at an accelerating rate. While not so long ago health care emanated from the clinical expertise of an autonomous provider; today digital technologies, electronic health records, changes in scope of practice, the consolidation of hospitals and health systems and the move away from the private practice of medicine are dramatically altering the work environment for all clinicians. Additionally, rising costs and inconsistent quality have resulted in an increased focus by regulators and payers on quality metrics, accountability, and pay for performance. Aetna has been leading the transition to an alternative approach – personalized health or consumer-driven health care – and has engaged the clinical workforce to embrace this change. By leveraging technology and data analytics, Aetna is forming innovative partnerships with providers that emphasize team-based care. By aligning incentives around clinical outcomes, care delivery can focus on efforts that have the greatest impact on a patient's health and wellbeing while at the same time reducing clinician burnout.