

## **American Dental Education Association (ADEA) Statement on Commitment to Clinician Well-being and Resilience**

As the sole national organization representing academic dentistry, ADEA is the Voice of Dental Education. ADEA's membership spans 20,000 students, faculty, staff, and administrators across 76 U.S. and Canadian dental schools, more than 800 allied and advanced dental education programs and 66 corporations working in oral health education.

A growing body of evidence indicates that dental students in preclinical and clinical years are at elevated risk of burnout, depression and suicidal ideation. ADEA is committed to promoting well-being and resilience for the students, staff, and faculty in our schools and programs and providing resources to address these conditions during the educational process and into practice.

To combat burnout, depression, and suicide across the dental community, ADEA commits to:

- ***Elevate awareness*** through targeted programming and resources on burnout, depression, and suicide in the health professions and the proactive interventions that can be taken to provide aide, protect futures and save lives.
- ***Partner with member institutions*** and other groups to identify risk factors specific to dental education and practice.
- ***Work collaboratively across the health professions*** to improve our knowledge of effective interventions, as an active member of the National Academy of Medicine's Action Collaborative on Clinician Well-Being and Resilience and through other avenues.

The mission of ADEA is to lead institutions and individuals in the dental education community to address contemporary issues influencing education, research and the delivery of oral health care for the overall health and safety of the public. ADEA and ADEA member institutions are contributing to clinician well-being in all aspects of the educational mission through education, research, and application in dental care practice.

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