The objectives of this public meeting are to:

- Introduce and generate engagement around the collective effort underway to improve well-being and reduce burnout among health care professionals
- Provide an overview of the magnitude, drivers, and effects of burnout in health care professionals and systems, and discuss mitigating strategies
- Present the mission and goals of the collaborative’s four working groups and solicit feedback from the public:
  - Research, Data, and Metrics
  - Conceptual Model
  - External Factors and Workflow
  - Messaging and Communications
- Explore promising approaches to promoting clinician well-being by highlighting innovations in medical education, individual interventions, and organizational models

AGENDA

7:30-8:00 AM | Networking breakfast

Great Hall & West Court

8:00-8:20 AM | Welcome remarks

Victor Dzau, President, National Academy of Medicine and chair, Action Collaborative on Clinician Well-Being and Resilience

8:20-8:35 AM | Poll everywhere

Charlee Alexander, Program Officer, National Academy of Medicine

8:35-9:20 AM | Keynote address

Moderator: Connie Barden, Chief Clinical Officer, American Association of Critical-Care Nurses

Speaker

Marc Moss, Roger S. Mitchell Professor of Medicine and Vice Chair of Clinical Research, Department of Medicine, University of Colorado School of Medicine; President, American Thoracic Society 2017-2018 (participating via WebEx)

9:20-10:30 AM | Working group presentations

Moderator: Sandeep Kishore, Associate Director, Arnhold Institute for Global Health, Icahn School of Medicine, Mount Sinai
Research, Data, and Metrics

*Presentation:* Steve Bird, President-Elect, Society for Academic Emergency Medicine; Lotte Dyrbye, Professor of Medicine and Medical Education, Mayo Clinic; Robert Harbaugh, Past President, Society of Neurological Surgeons

*Reaction:* Tait Shanafelt, Professor of Medicine and Director, Program on Clinician Well-Being, Mayo Clinic

External Factors and Workflow

*Presentation:* Pamela Cipriano, President, American Nurses Association and Daisy Smith, Vice President, American College of Physicians

*Reaction:* Doug Fridsma, President and CEO, American Medical Informatics Association

Messaging and Communications

*Presentation:* Neil Busis, Member, Board of Directors, American Academy of Neurology and Clifton Knight, Senior Vice President, Education, American Academy of Family Physicians

*Reaction:* Orly Avitzur, Medical Director, Consumer Reports and Neurology Now

10:30-11:00 AM | Mindfulness break

*Facilitator:* Jay Kaplan, Immediate Past President, American College of Emergency Physicians

11:00-11:45 AM | Public feedback on progress and direction of working groups

*Moderator:* Darrell Kirch, President and CEO, Association of American Medical Colleges and co-chair, Action Collaborative on Clinician Well-Being and Resilience

11:45-12:45 PM | Promising approaches to reducing burnout and improving well-being: Medical education, individual interventions, and organizational models

*Moderator:* Thomas Nasca, CEO, Accreditation Council of Graduate Medical Education (ACGME) and ACGME International, and co-chair, Action Collaborative on Clinician Well-being and Resilience

**Speakers**

Michael Rabow, Director, Center for Research on the Healer’s Art: Professor of Clinical Medicine and Urology, Division of General Internal Medicine, UCSF School of Medicine

Cynda Rushton, Anne and George L. Bunting Professor of Clinical Ethics, Berman Institute of Bioethics/School of Nursing; Professor of Nursing and Pediatrics, Johns Hopkins University

Jo Shapiro, Director, Center for Professionalism and Peer Support, Brigham and Women’s Hospital; Associate Professor of Otolaryngology, Harvard Medical School
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<th>Time</th>
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<td>12:45-1:00 PM</td>
<td><strong>Closing remarks</strong></td>
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<td><strong>Victor Dzau</strong>, President, National Academy of Medicine and chair, Action Collaborative on Clinician Well-Being and Resilience</td>
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<td>1:00 PM</td>
<td><strong>Adjourn</strong></td>
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