

Vital Directions for Health and Health Care

An Initiative of the
National Academy of Medicine

NAM Annual Meeting – President’s Forum

Monday, October 17, 2016



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Leadership • Innovation • Impact | *for a healthier future*

What are the goals of the initiative?

- Mobilize expert opinions from trusted health and health care leaders to inform the next administration and the nation about the most pressing health issues and priorities
- Identify policy opportunities and actions that could yield timely progress toward three overarching goals for the US:
 - Better health and well-being
 - High-value health care
 - Strong science and technology

Vital Directions for Health and Health Care

Initiative Overview:

- Phase 1: Leadership – 18-member Steering Committee
- Phase 2: NAM expert discussion papers (September 19)
Viewpoint series in JAMA (September 26)
- Phase 3: Symposium – *A National Conversation* (September 26)
- Phase 4: Synthesis (early December)
- Phase 5: Dissemination and Implementation (throughout 2017)



The Vital Directions Steering Committee

Victor J. Dzau, M.D. (Co-chair)

National Academy of Medicine

Mark McClellan, M.D., Ph.D. (Co-chair)

Duke University

Sheila P. Burke, M.P.A., R.N.

John F. Kennedy School of Government

Molly J. Coye, M.D., M.P.H.

AVIA

The Honorable Thomas A. Daschle

The Daschle Group

Angela Diaz, M.D., M.P.H.

Mount Sinai School of Medicine

The Honorable William H. Frist, M.D.

Vanderbilt University

Meg Gaines, J.D., LL.M.

University of Wisconsin Law School

Margaret A. Hamburg, M.D.

National Academy of Medicine

Jane E. Henney, M.D.

National Academy of Medicine

Shiriki Kumanyika, Ph.D., M.P.H.

University of Pennsylvania Perelman School of
Medicine

The Honorable Michael O. Leavitt

Leavitt Partners

Ruth Parker, M.D.

Emory University School of Medicine

Lewis G. Sandy, M.D.

UnitedHealth Group

Leonard D. Schaeffer

University of Southern California

Glenn D. Steele, Jr., M.D., Ph.D.

xG Health Solutions

Pamela Thompson, M.S., R.N.

American Organization of Nurse Executives

American Hospital Association

Elias Zerhouni, M.D.

Sanofi



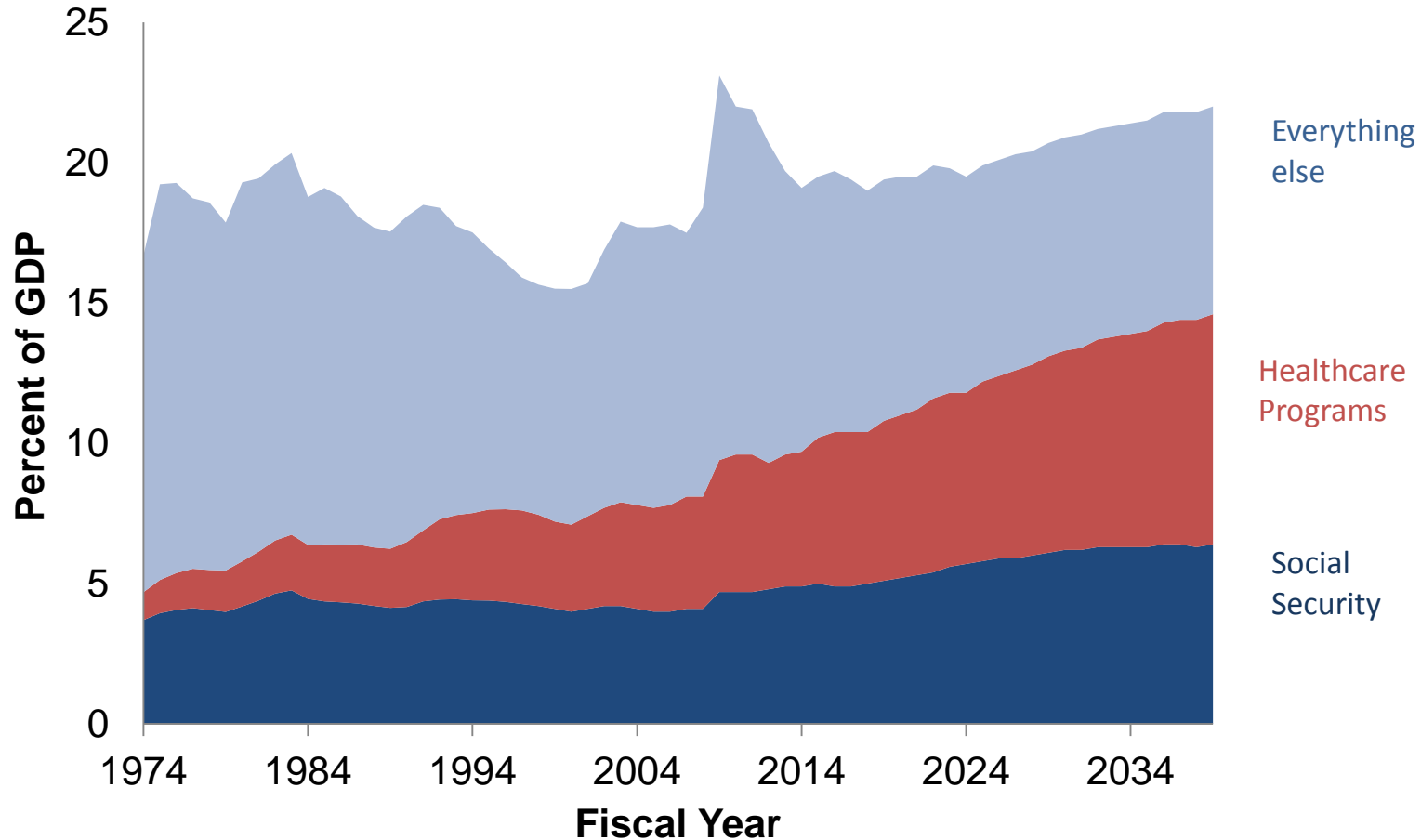
The Need for Vital Directions in US Health and Health Care



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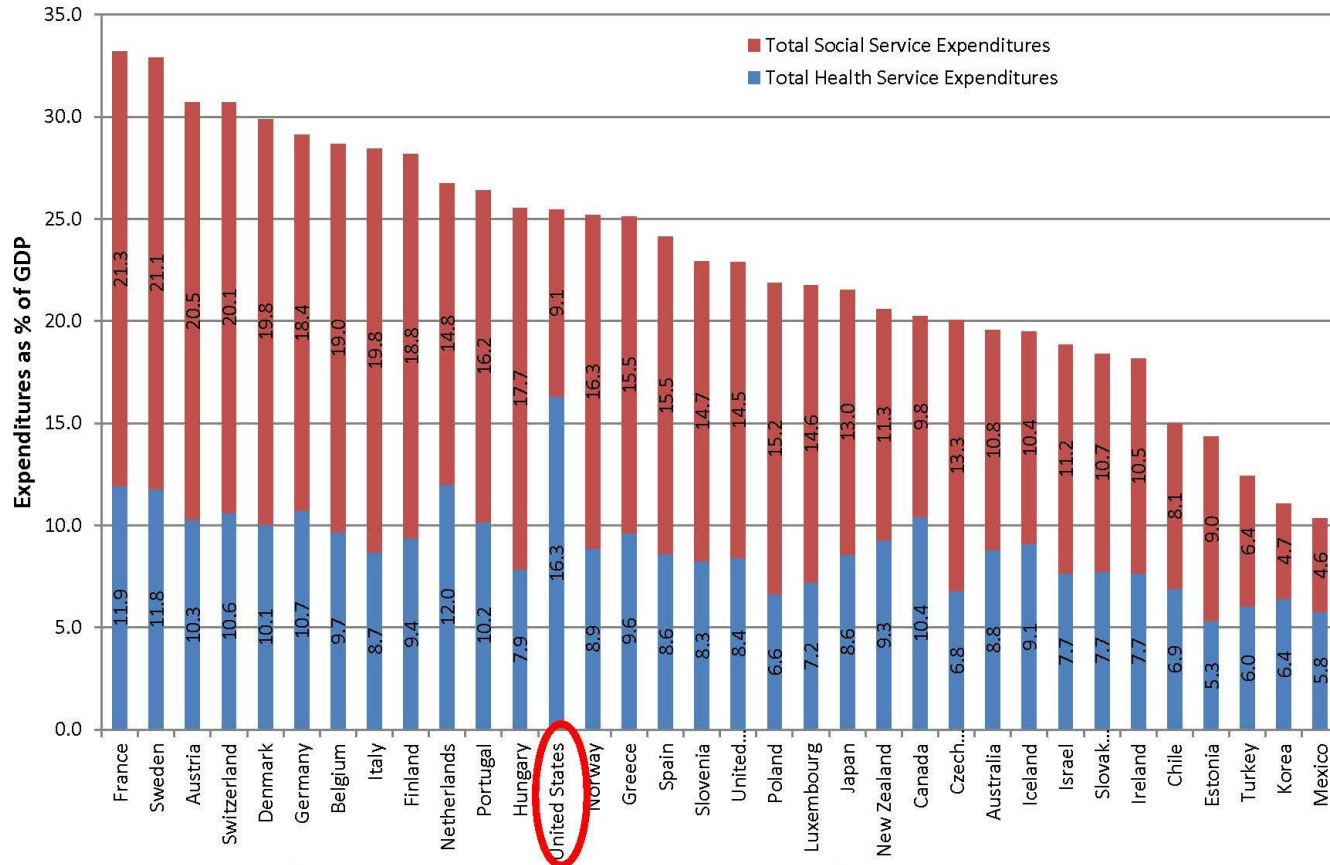
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Health Care and the Federal Budget



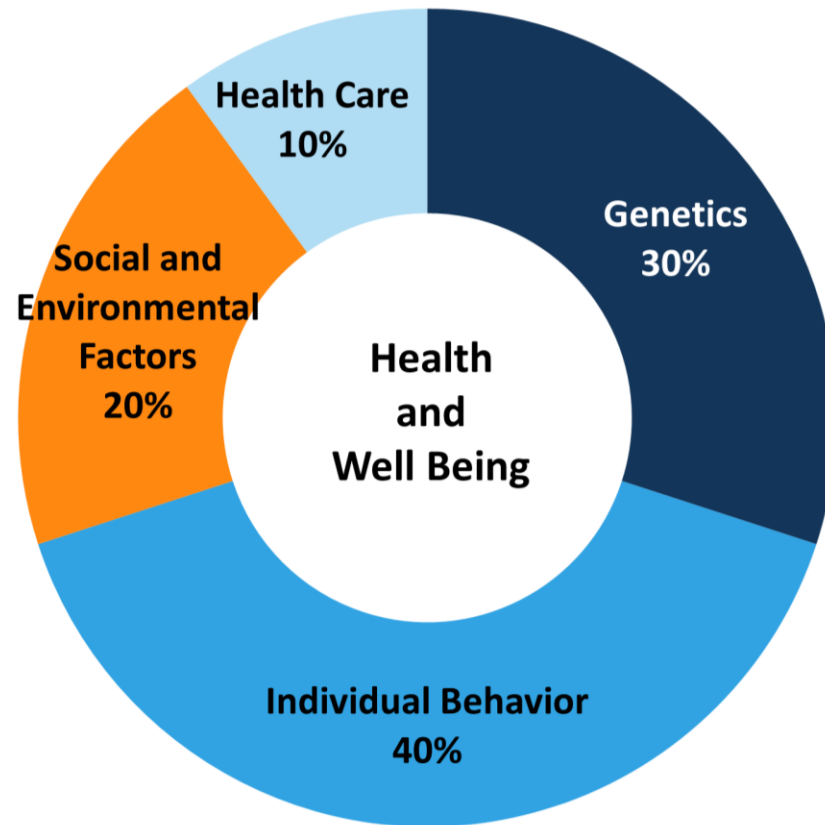
Source: McClellan and Saunders, 2016, based on Congressional Budget Office, 2016 Long-Term Budget Outlook.

Comparable total health and social services spending – significant proportional differences



In OECD, for every \$1 spent on health care, about \$2 is spent on social services
 In the US, for \$1 spent on health care, about 55 cents is spent on social services

Factors Influencing Health



Adapted from McGinnis et al.

Unfulfilled opportunities for better health, higher-value care, and stronger science and innovation

- **Big data to better evidence**
- **Better diagnostics**
- **Precision medicine**
- **New delivery and financing models**
- **Prevention by addressing social determinants**
- **m-Health**
- **Democratization of health**

