VITAL DIRECTIONS FOR HEALTH AND HEALTH CARE
A Policy Initiative of the National Academy of Medicine

19 priority focus areas for consideration by the next administration

Better health and well-being

1. Systems strategies for better health throughout the life course
2. Addressing health disparities and social determinants of health
3. Preparing for better health and health care for an aging population
4. Improving physical activity, nutrition, and other prevention programs
5. Integrating mental health and substance abuse services throughout care
6. Healthy communities, population health, and public engagement

High-value health care

7. Assuring the financing of care that is effective, efficient, and affordable
8. Payment reform for better value and medical innovation
9. Competencies and tools to shift payments from volume to value and outcomes
10. Tailoring complex care management, coordination, and integration
11. Precision medicine and advances in genomics, proteomics, and information
12. Fostering transparency in outcomes, quality, safety, and costs
13. Patients, families, communities, and the democratization of health care
14. Workforce for 21st-century health and health care

Strong science & technology

15. Information technology interoperability and use for better care and evidence
16. Data sharing, curation, and use for a continuously learning health system
17. Innovation in development, regulatory review, and use of clinical advances
18. Targeted research: cancers, mental health, and dementia
19. Training the workforce for 21st-century science

Starting in summer 2016, the National Academy of Medicine will release expert opinion papers presenting evidence-based policy recommendations for each of these priority focus areas.

Want to be notified when the papers are published? Sign up for the Vital Directions listserv.

More information: Liz Finkelman (efinkelman@nas.edu)